

# Mama Nanfuka's Home

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Uganda



## HOME IMPROVEMENT ROADMAP

January | 2023





# Overview of this Children's Home

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## Background & Mission

Mama Nanfuka's home has 6 children. The youngest child is 2 years old and the eldest is 11 years old. They stay in a three bedroom house in a small town called Kosovo.

Mama Nanfuka's home is one of 5 foster homes supported by 92 hands, an organization in Kampala that is educating and empowering women and children through a foster home program. Our mission is to meet the physical, mental, emotional, and spiritual needs of every child by providing them with love, care, guidance, and education so that they can grow and become beacons of change. We envision a loving home where children have freedom of speech and a right to be understood and loved equally, thereby raising a responsible generation that will be accountable for their actions in the future. We envision a home free from chronic diseases and fully immunized to fight illnesses, and infections and maintain a healthy lifestyle for all the children in the home.

We envision a literate generation where all children are enrolled in school, receive quality education services, and are well equipped with scholastic materials. As 92 hands, we believe every child has a right to quality education.

We envision a responsible generation that knows their rights and stands up for the voiceless in their communities under the right counsel.

We envision having a responsible generation that will stick to the norms and values taught at a tender age and then use them to transform the world, even raising politicians that will help change future politics in Uganda and govern the country under Godly principles.





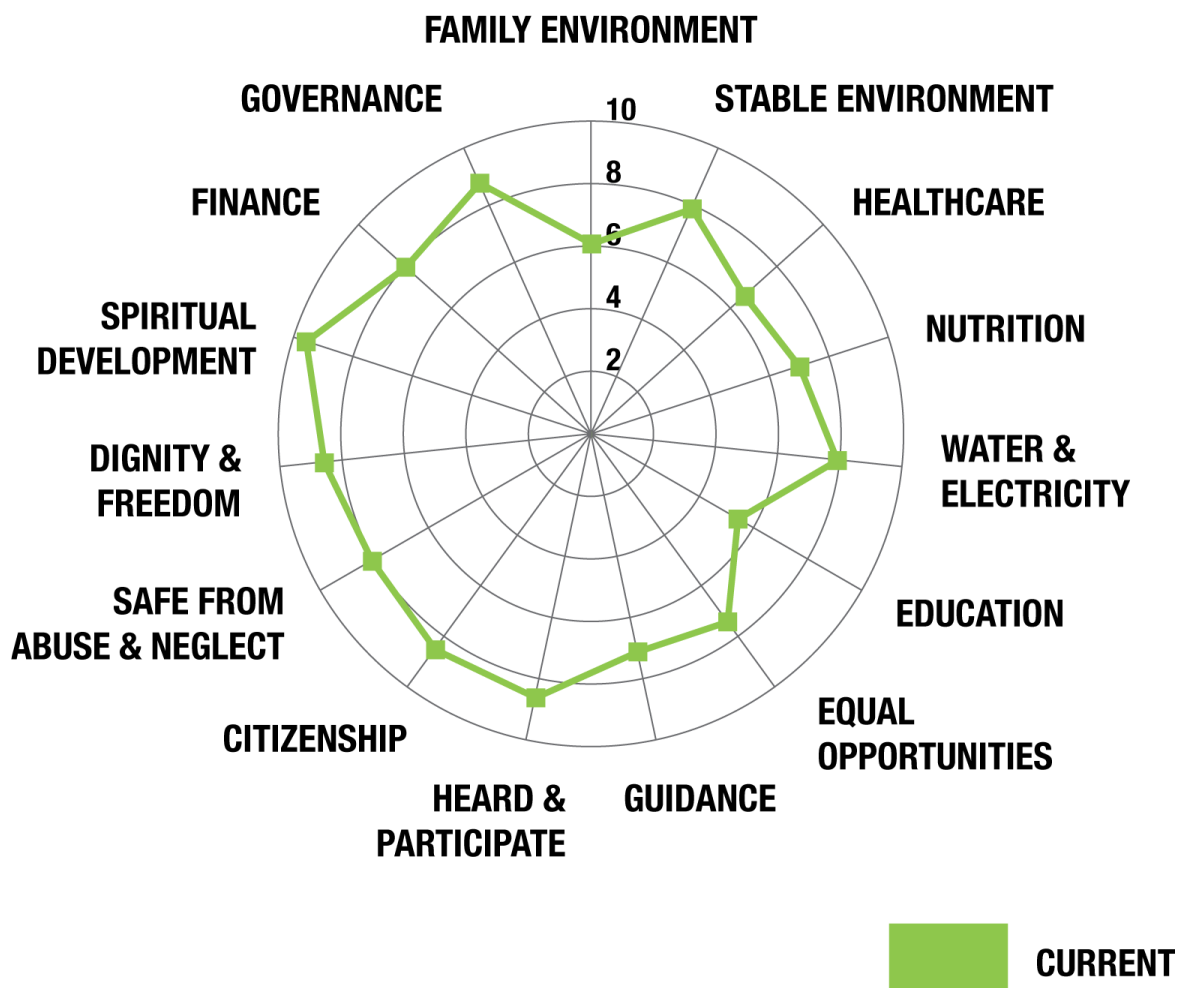
# The Thrive Assessment

## What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future.

The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which are then compiled into an Improvement Roadmap.

## Current Thrive Scale



# Strategic Initiatives

## RENOVATION OF THE HOME

<b>PROJECT DESCRIPTION</b>	At Mama Nanfuka's home, there's a need to construct a gate, to create a more safe and secure environment for the children, which would cost \$1,500. Purchase of bunk bed and beddings for more children at this home \$350. Repainting the premises \$500. Replacement of pit latrines with indoor flush toilets \$1,000. Total ~ \$3,350 USD
<b>ESTIMATED FUNDING</b>	\$3,350

## EDUCATION SPONSORSHIP FOR THE CHILDREN

<b>PROJECT DESCRIPTION</b>	Three children at Mama Nanfuka's home don't have access to education, and it costs \$35 for a child to go to school per month. 3 children are in need of a sponsor which costs \$105 per month or \$1,260 per year.
<b>ESTIMATED FUNDING</b>	\$1,260

## PROVISION OF MORE HEALTH CARE NEEDS

<b>PROJECT DESCRIPTION</b>	Need additional support for medical personnel to perform checkups, which cost \$150 per child and therefore \$1,050 each checkup for all 7 children. Purchase of a home first aid kit. Create an emergency fund for the home. Total ~ \$1,150 USD
<b>ESTIMATED FUNDING</b>	\$1,150



## Right to Live with Family

**SURVIVING**

**SUSTAINING**

**THRIVING**

Mama Nanfuka is a caregiver in a home of 6 Children ranging from 2-11 years old. She's a full-time mother who takes care of the children in her home. There is training at the start of the month for every mother which includes instruction on the traits and values of a family as well as trauma and mental health. As a partner to this home and many others, 92 hands is set to develop a caregiver's plan in order to track progress of the children and the home. Children in this home are not able to visit family members because they are not known or are still in the process of being identified.

In this area, the goal is to increase the number of training sessions for mothers regarding mental health awareness and trauma-related therapeutic sessions.

- ☐ More frequent sessions with Anabelle on trauma informed training. \$100 per visit
- ☐ Reach out and try to trace relatives of the children in order to enable visitations and allow children to get to know their family background.



## Right to a Stable Environment

**SURVIVING**

**SUSTAINING**

**THRIVING**

This home is located in Kosovo, which is a slum area with a high crime rate. The area is unsafe for children at times, but the risks are limited due to Mama Nanfuka, who is strict and takes good care of the children. She suggests enclosing the home with a gate would create more safety, especially for the toddlers. While caregivers do meet on occasion to discuss different issues and raise concerns, it is not on a monthly basis. Birthdays are celebrated together by cutting cake, drinking soda, playing games and sharing gifts. Every mother has a child protection policy handout that they revise and share in their local language.

- ☐ Need to attend more monthly meetings with other mothers to strengthen their bond and get to know how the different homes operate.



## Right to Healthcare

### SURVIVING

### SUSTAINING

### THRIVING

Some children have documentation of their medical history and vaccinations while others do not due to the circumstances in which they arrived at the home. There's a nearby clinic identified with a walkable distance for any emergencies. At the moment, there's a need for a professional mental health worker to support the children. Vision and dental examinations are done only when cases are identified or symptoms arise. Mama Nanfuka trains and reminds the children to brush their teeth and wash their hands regularly. The home doesn't currently have an emergency fund, but it has been identified as a future goal.

Look at creating an emergency fund for every home so that in the event of illness or emergency, they are fully secured.

- ☐ Visiting the doctor for a checkup twice a year per child would cost \$400 a year.
- ☐ Follow up on vaccinations of children in order to have proper documentation.



## Right to Nutrition

### SURVIVING

### SUSTAINING

### THRIVING

The intake of calories isn't currently sufficient, but the food is always prepared in a clean environment. Foods rich in protein are always provided, but not often due to high costs. Despite this, Nanfuka tries her best to provide balanced meals. There are 2-3 fruit servings each week, but also not often. Mama Nanfuka acts as the nutritionist in her home and takes measures on how much food is consumed by the children.

The goal is to check deficiency illnesses that may arise from the lack of a balanced diet and work hard to increase the consumption of highly balanced meals.

- ☐ Need to construct a proper and well ventilated kitchen in order to avoid risks of children being burned. Roughly \$600 for renovating the floor and the walls.
- ☐ Need to increase the caloric intake to boost the children's immunity. \$300 to increase the monthly food budget for the home.
- ☐ Mama Nanfuka has a dream of starting up a grocery store next to her home area in an allocated room. This would help provide fresh food and vegetables for the children as well as the community and would cost \$3,000.



## Right to Clean Water and Electricity

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka's home has been inspected and has safe water free from pollution and chemicals that is accessible to children at all times. The bathrooms in her home all have lights and sewage is safely enclosed so as not to contaminate the water. Her home has no emergency plan since she has never had a need for one. However, if such an event took place, her immediate plan would be to move to her sister's home with the children, since it's in the same area. Children have access to clean and safe drinking water when thirsty. Mama Nanfuka's bathrooms are in good working condition. She uses pit latrines, which are kept clean and closed when not in use. The electricity lines in her home are wired safely without exposure to children or risk of electric shock. Mama Nanfuka also has an alternative power source. When needed, she uses candles and puts them out of reach of children on raised surfaces. She has no annual written plan in place, but is working to create one. The home is also up to standard with the local government requirements.

There is a goal to replace the outside pit latrines with indoor flushing toilets, in case a child needs to use the toilet at night, they don't have to go outside.

- ☐ Look at replacing pit latrines with flushing indoor toilets.
- ☐ Develop a better emergency plan as well as open a savings account for the home that can be used for emergencies.



## Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka's home has 3 children that need to go back to school, and they would need a sponsorship package for each \$35 per month. And a tutor to help out with the low performed subjects.

- ☐ Need to get sponsorship packages for three children. \$105 per month (for all 3)
- ☐ Need to provide internet and purchase a computer in this home. \$400 for computer, Internet per month would cost \$67.
- ☐ Need to have a tutor at home for the children with a low concentration span for mostly the lower performing subjects. For a month.
- Extra lessons with a tutor. \$137 per month



## Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

Children in Mama Nanfuka's home share space for storing clothes and other personal items. Children get ample time to play and exercise their different talents. Since there are no disabled children in the home, there are no accommodations needed. There are no transition plans in Mama Nanfuka's home since all her children are still young. Some members from 92hands act as Mentors in this home and act as guardians to the children.

A spacious home for the children to play and exercise their different God given talents is the goal for 92 hands. Additionally, to see children looking up to role models that will help channel their perspective about life is a focus.

- ☐ Need to expand with a room for extra space to keep personal belongings. \$1,000 to construct a room.



## Right to Guidance

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka emphasizes good morals at all times in the home. She has rules and regulations put in place to shape and nurture the children. There is no job description for new caregivers yet. Children usually meet with a therapist once in a while, but they are looking at receiving more frequent visits to provide more therapy sessions for the children. There are no discussions on adolescent changes or life skills in Mama Nanfuka's home since all her children are below 10 years old currently.

- ☐ Need for children to meet a therapist twice a month. \$840 per month.
- ☐ Create a documented life skills program for the children.



## Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

The children in Mama Nanfuka's home are given an opportunity to choose what they want to wear, what to do in their free time, and the food they want to eat- especially on weekends. The food menu is posted for them to see. Children practice leadership skills in various activities like prayer devotions, house chores, and games. However, Mama Nanfuka's home hasn't yet implemented individual development plans.

- ☐ Need to develop individual development plans. The 92Hands team will do this.



## Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

Not all children have birth certificates in this home and some don't know when they were born. Children are taught that there are consequences when a rule is broken and individuals have to own up to their actions. Moral behavior is key in mama Nanfuka's home. Children complete house chores according to their age, ie: older children wash utensils while the young children gather toys. National holidays are respected and celebrated and they even get to eat a special meal on these days. The home is free from litter and is neat at all times. Children are taught about being responsible citizens and get to practice cleaning the community under the supervision of mama Nanfuka. The older children in this home also get to join church outings while the younger ones stay at home.

- ☐ Need to generate birth certificates for every child in the home. The 92hands team will work with the National Identification and Registration Authority to engage in the search and creation of some children's birth certificates.



## Right to Be Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

The children have a private washroom and dressing room because at the moment they are sharing rooms. There's a need to create an extra room for girls and boys which can cost around \$4,000 for it to complete. The children are disciplined and advised whenever in the wrong by their mother and if they persist some members from 92hands come in to talk to them as well. At the moment the home doesn't have any male caregiver, but once in a while the boys get to interact with males from the 92hands staff.

- ☐ Need to have separate beds for each child. Two more bunk beds will be needed. \$216 for both beds.
- ☐ Need to create a visitor's policy.



## Right to Dignity & Freedom

SURVIVING

SUSTAINING

THRIVING

Children are bathed and have adequate clothing, get to choose what to wear to bed, and brush their own teeth twice a day. Their bedsheets are changed on a weekly basis and if they are soiled, they are changed immediately. They also have clean towels to use after showering. Children are encouraged to be kind to one another and if there is unkind behavior, the child is corrected. The outdoor space is limited to the younger children for play. The older children play in the neighboring streets.

The goal is to have a peaceful home where children will be valued, respected, and treated ethically.

- ☐ Need to provide beds and beddings for every child. \$216 for beds. \$100 for beddings.



## Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

Children in this home attend Sunday services at a local community church every Sunday. They usually hold morning and evening devotionals to help grow their spirituality, which are usually conducted in the sitting room. Children get to celebrate Christmas and Easter holidays. Mama Nanfuka has bibles and story books that help children attain more knowledge about things concerning God.

- ☐ Buy more spiritual books for devotionals. \$80 for books.
- ☐ Initiate more devotions and prayers at home. The children get actively involved in the church activities and in different areas of their own interest.





## Finance Standard

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka tracks her income and expenses by noting them in a book. She writes down her daily expenditures and usually gives receipts to the administration officers, who file them for proper accountability. The home doesn't have sufficient income to address the children's needs currently. In case of an emergency, funds are available to address the emergency. 92hands operates on an annual budget, and each home provides a detailed budget for approval. The accountant checks to see if the financial status of the home is on track and gives a report following what he has discovered. Mama Nanfuka's home doesn't receive any form of funding from the local government. 92hands usually has external auditors come in and evaluate the financial records of the organization.

- ☐ Need to come up with a plan to increase nutritious meals in the home, which would require a qualified nutritionist/chef to train Nanfuka.
- ☐ Finding an affordable auditor to manage the home's finances. \$542 for an auditor twice a year.



## Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka's home is located on land owned by 92hands and therefore can't be sold or used for personal gain. No new caregivers have been hired, but in scenarios where one is needed, there are measures put in place to address this need. The organization holds monthly meetings to address issues and provide solutions to caregivers like Nanfuka. Caregivers are given contracts that can be renewed according to the caregiver's interest. This home complies with government requirements and is fully licensed. Monthly and weekly meetings are held to offer support and guidance to the team. All the caregivers have attended medical and hygiene training sessions in order to give better services to the children. There is proper documentation of the staff and the team.

- ☐ Provide additional training sessions on attachment and child development.

# Current Improvement Partners



## 92 Hands

In 2014, 92hands was born and they have used it as a platform to mobilise local youths in Uganda to live out their lives by sharing the love of Christ through serving the needs of the people of their communities.

For a list of projects and opportunities to coordinate on initiatives go to [www.AChildsHopeFoundation.org](http://www.AChildsHopeFoundation.org).





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