



Mama Kemigisha

Uganda

IMPROVEMENT ROADMAP

June | 2023



Overview of this Children's Home

Background & Mission

Mama Kemigisha is passionate about children. Her desire is to see children thrive regardless of the community they come from and she wishes to see them become beacons of hope and transformation. She's a professional, qualified, well-trained caretaker and has taken care of a huge number of children from the community as well as many in her previous home. She adores and loves everyone under her care and always seeks to raise them as God fearing children. Mama Kemigisha's mission is to meet the physical, mental, emotional, and spiritual needs of every child by providing them with love, care, guidance, and education in the home. She envisions providing them with a safe and secure environment with their rights and freedom intact. Additionally, Mama Kemigisha has completed several trainings and teachings about childcare and child protection.

Mama Kemigisha has six children, with the youngest being 3 years old and the eldest 11 years old. Her home is found in the Katanga province and the children stay in a three-bedroom house in a small town called Kitunzi. Some of Mama Kemigisha's goals include ensuring children are in school and fully equipped with educational materials and tuition. She also wants to help the children be free from trauma or PTSD and assist them in adapting to the new life ahead of them. Ultimately, her vision is to raise children to become successful responsible citizens within their country so that they can raise their own children in the same way and ultimately reduce the level of child neglect.



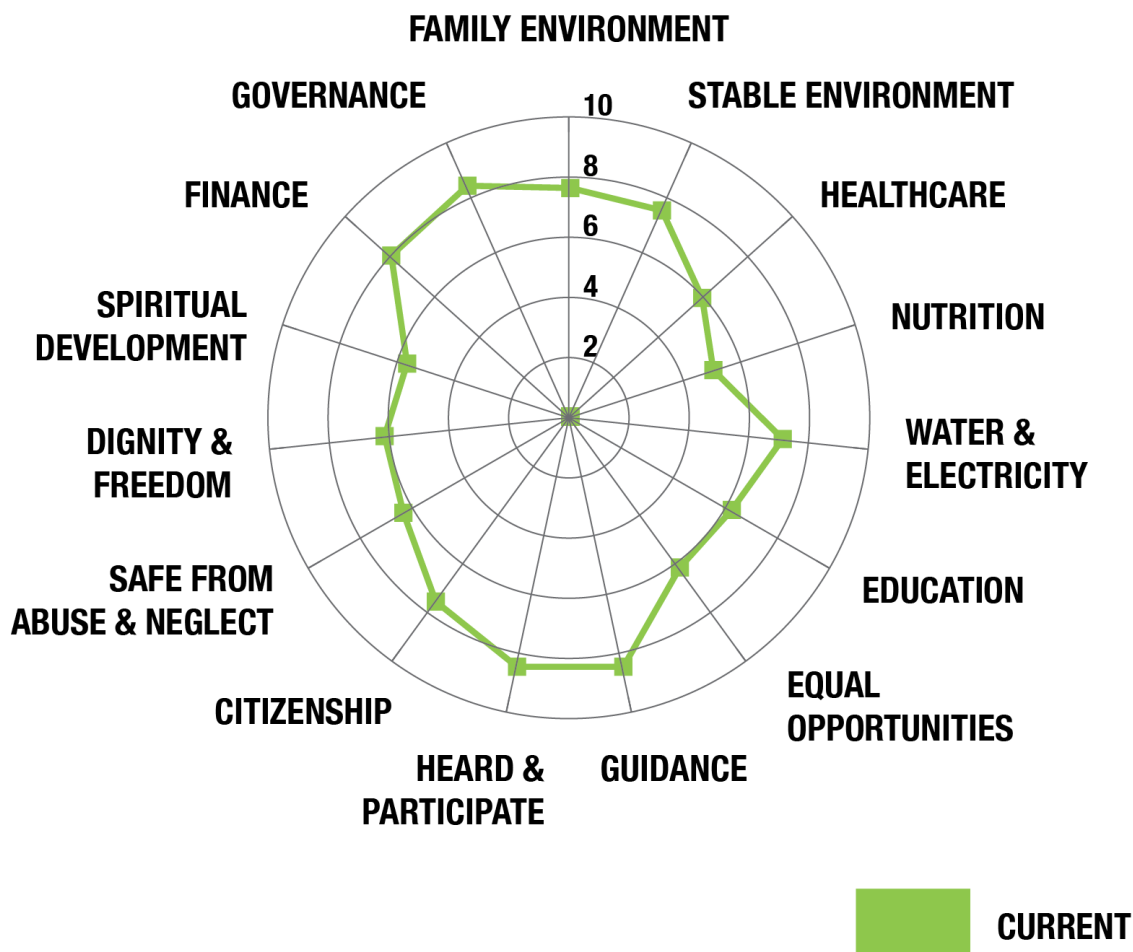
The Thrive Assessment

What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future.

The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which and compiled into an Improvement Roadmap.

Current Thrive Scale



Strategic Initiatives

EDUCATION SPONSORSHIPS FOR CHILDREN

PROJECT DESCRIPTION	Sponsorship costs \$36 USD in tuition per month per child. The home needs sponsorships for 5 children. This would allow all the kids to attend school (\$2,160 USD every year).
ESTIMATED FUNDING	\$180 USD per month \$2,160 USD per year

RENOVATION OF THE HOME & SURROUNDING AREAS

PROJECT DESCRIPTION	Working on the transfer of this home to a better location, due to the increased high crime rate in this area and failure to stabilise. Poor disposal of wastes and also trench outside the home is open and unsafe for the children to play. This will cost \$6,000 USD.
ESTIMATED FUNDING	\$6,000 USD

ADDITIONAL THERAPY SESSIONS

PROJECT DESCRIPTION	The home has access to a psychological therapist. They would like more frequent therapy sessions for the kids and the caregiver (\$420 USD per session). This would cost \$840 USD for a month and \$10,080 USD for a year.
ESTIMATED FUNDING	\$840 USD per month \$10,080 USD per year



Right to Live with Family

SURVIVING

SUSTAINING

THRIVING

Mama Kemigisha, also known as Mama Patience, is the mother and primary caregiver to 6 children living in the home. She is very loving and caring and took an oath to take care of these children in all situations. Mama Kemigisha has also received important training to help her care for her children. Currently, there is a visitors policy in place as well as scheduled time set aside for visitors to come and see the children. However, the visitor's policy and child protection policy could be updated. Before any caregiver is integrated, they are always trained and certified in terms of child development, child protection and more. Although none of the children are biological siblings, spending meals and other activities together is encouraged to promote a family environment.

- ☐ Update the visitor's policy and child protection policy.



Right to a Stable Environment

SURVIVING

SUSTAINING

THRIVING

Mama Kemigisha's home has rules and regulations which are age appropriate and well explained to each individual. Warnings and appropriate punishments are also used for those who break the rules. At the moment, there are no children with special needs in the home, but there are future plans to make accommodations for those special cases. Due to the home being located in a slum area of Kampala, the living situation at this home isn't fully safe for the children, but extra caution is in place. Birthdays and public holidays are celebrated together as a family to bond with one another. Caregivers also spend time connecting and bonding with the children on a weekly basis.

- ☐ Consider transferring the home due to security concerns. \$600 USD



Right to Healthcare

SURVIVING

SUSTAINING

THRIVING

A few of the children receive annual checkups and others receive it if an emergency arises or an illness is identified. Some have vaccination cards while others don't due to different circumstances, but missing records are being processed by the 92hands organisation. No particular doctor has been identified for the home, but they do use the nearest medical centre in case of any health emergencies. Adolescent girls in this home are guided and provided with feminine hygiene products. There is a professional therapist scheduled to meet with the children to help them work through trauma and mental health issues, but there's need for more personal sessions with each child. Medical examinations are usually carried out only in the case of emergencies.

- ☐ Visit the doctor for a checkup twice a year. Per child, this would cost \$450 a year.
- ☐ Follow up on vaccinations of children to have proper documentation.



Right to Nutrition

SURVIVING

SUSTAINING

THRIVING

Children rarely get enough intake of calories due to limitations in food available. However, food is prepared in a hygienic manner, the kitchen area is fumigated regularly, and there are containers where utensils are kept clean. The home has a food menu for ease of preparation, but most times the calories aren't balanced on a daily basis and proteins aren't always available in sufficient supply. There are 2-3 servings of fruits and vegetables in a week, but not on a daily basis. The home does not have the support of a nutritionist and the caregiver is not well trained in food safety, preparation and healthy balanced meals.

- ☐ Increase caloric intake to boost the children's immunity. \$300 to increase the monthly food budget for the home.



Right to Safe & Adequate Water & Facilities

SURVIVING

SUSTAINING

THRIVING

Mama Kemigisha's home has safe drinking water available for the entire family that is free from chemicals or contamination. Drinking water is also available 24/7 for the children and the youngest are always given water on a schedule by the caregiver. Water is also provided in the bathrooms for toilets and washing hands at any time. There are dustbins at the home for trash disposal, which are maintained by the Kampala City Council Authority on a weekly basis to keep homes and communities clean. No emergency fund is currently established for the home, but in case of emergencies the caregiver contacts the support staff from 92 hands for help. The home currently has poor insulation and wiring which exposes the children to harm and needs to be resolved. The 92hands support team currently visits the home on a weekly basis for monitoring, maintenance and evaluation..Candles are the alternative power source in the event of a power outage.The 92hands team is currently working on the annual written property maintenance plan for this home.

- ☐ Develop proper insulation of wires to avoid electric shocks. \$250 to repair and fix the broken and exposed wire in the home to create a safe environment for the children.
- ☐ Develop a better emergency plan and open a savings account in case of emergencies.



Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

Not all children are currently eligible to attend school due to lack of school tuition or unmet requirements. However, 2 of the 6 children are attending school with fully paid fees. At the moment, Mama Kemigisha's home does not have a computer or internet access. These missing resources would be of great help to the children with supervision as an extra activity at home to enhance their computer knowledge and skills. The 92hands staff is also prepared to train and mentor the children on the computer, once the resource is available. The caregiver helps the children enrolled in school with homework and helps with reading for those who are out of school. Some children are unable to do basic maths like subtraction and division, but the support staff is working on enrolling them in school and getting the help of a tutor for extra lessons.The 92hands staff act as mentors for most of the children in this home and visit every week to discuss life, school and more. Most children have extracurricular activities at home like playing football,making dolls, etc.

- ☐ Get sponsorship packages for four children to enroll in school. Per child monthly cost is \$35, \$140 USD total/month.
- ☐ Provide internet and purchase a computer in this home. \$400 USD to purchase a computer.
- ☐ Obtain extra lessons with a tutor. \$137 per month

Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

Space is allocated for children in this home to keep their personal items, but there might be limitations because all are in one shared bedroom. No one has access to a tutor in this home and only 2 of the 6 children can currently attend school. Children are also allowed to participate in extracurricular activities like netball, soccer, and life clubs where they are able to interact with peers at home and school. The transition plans for children in this home are in progress and will help them transform into independent individuals when time comes. Mentors who also act as role models are available on a weekly basis for counsel and guidance. Children with existing health conditions and medication needs are provided for regularly.

- ☐ Expand the home for additional personal space to keep belongings. \$1,000 USD to construct a room.
- ☐ Create transition plans for the teenagers.



Right to Guidance

SURVIVING

SUSTAINING

THRIVING

The caregiver does a great job of regularly counselling and guiding the children on ethics, manners and respect. This has also helped to teach them good manners. The 92hands staff has well detailed documents with roles and duties of the caregivers, which are provided at the point of recruitment. Children meet with a well trained therapist named Annabelle once a month, and this helps them to share and open up. However, more therapeutic sessions are needed each month. The 92hands staff has been talking to adolescents at the home about the changes associated with puberty, but there are plans to partner with the Reproductive Health Uganda Organisation to provide life skills, education, and advice for the teenagers.

- ☐ Partnering with Reproductive health Uganda.
- ☐ Create a documented life skills program for the children



Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

Children are always free to discuss whatever they want to do or become in future with the caregiver and mentors during their free time. Food preparation is done by the caregiver alongside the children, and they are allowed to decide what's best for lunch or dinner every week. Most of the time the children pick their favourite clothes to wear with the assistance of the caregiver. Sometimes children are given information about healthcare procedures and able to ask questions. Other times, information is not given for their own good, most especially for the toddlers. Through games, prayer sessions and household chores, the children are also given leadership roles every week.

- ☐ Implement an individual development plan for each child. The 92hands team is currently working on this.



Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

Not all children in Mama Kemigisha's home have birth certificates, but the support staff is working with the National Identification and Registration Authority to issue those as well as search for family members to provide missing information. In case of any misbehaving in the home, positive discipline is used, such as assigning children extra house work as a way to help show them the right thing to do. The caregiver along with the mentors have sessions where they advise the children on what's right and wrong, becoming better citizens, creating good companies and performing service in their communities. National holidays are observed by the caregiver along with the children, but vacations or trips scarcely happen.

- ☐ Collaborate with government authorities in the search and creation of some children's



Right to Be Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

There is one bedroom allocated to the children for their own privacy, but sometimes the teenagers feel out of place and more space for them to use would help address this. .

Children are free from human traffickers and educated about the dangers, which creates more safety and awareness for the children. A child protection program is implemented and followed which discourages child abuse. No child is allowed to work in a way which would violate the law, harm their health, or negatively impact their education. The home has a well documented visitor's policy regarding time, safety, and who is allowed to visit, which the caregiver explains.

- ☐ Putting the visitors policy in action whenever they are around for the safety of the children.



Right to Dignity & Freedom

SURVIVING

SUSTAINING

THRIVING

Toddlers are always bathed with the help of the caregivers and the older children are guided on how to shower properly. Bullying, misbehaving and mistreating one another is highly prohibited in Mama Kemigisha's home, and those who do so are disciplined positively. All children have access to their bedroom, but a few of them share bedding. The young ones are immediately cleaned up after soiling themselves by the caregiver, and sometimes the older ones help out as big sisters and brush their teeth as well. Toys and games are shared amongst all the children and they allowed to play in the compound during evening hours under the supervision of the caregiver.

- ☐ Provide a bed and bedding for every child. Beds will cost \$216, and the bedding for 3 children will cost \$100 USD.



Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

All the children in this home are allowed to participate freely in church, especially during the children's service which helps them to engage with one another and make new friends away from home. Every day there are prayer devotions as a family and each child is given a portion of the prayer which helps keep them active throughout the prayer session. Religious holidays are highly celebrated and children are taught the purpose for each holiday. There are few religious books or materials at this home for the children, which calls for more need of new ones.

- ☐ Provide more spiritual books for devotions for \$70.



Finance Standard

SURVIVING

SUSTAINING

THRIVING

An accountant is assigned to track the use of funds and file expenses for the home on a monthly basis. These processes also help with record keeping, which are available for review. Most of the basic needs of the home are at least partially met, but there are a few that need to be rechecked like nutrition and health needs. Receipts are recorded and kept safe for accountability, which helps with the monthly bank reconciliation. Every year, a budget is issued for Mama Kemigisha's home with a breakdown for every necessity. An external auditor is also hired on a quarterly basis to review the finances of the home.

- ☐ Create a financial plan to increase nutritious meals in the home, including a qualified nutritionist/chef to train Mama Kemigisha 2-3 times a year. \$200 per session.
- ☐ Find an affordable auditor to review the home's finances. \$542 twice a year.



Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Mama Kemigisha's home is a rented house. They have not hired any new caregivers, but in scenarios where an additional one is needed, there are measures in place to address this need. The organisation holds monthly meetings to address issues and provide solutions. Caregivers are given contracts that can be renewed according to one's interest. The home complies with government requirements and is fully licensed. Monthly and weekly meetings are held to offer support and guidance to the team. All caregivers have attended medical and hygiene training sessions in order to give better services to the children. There is proper documentation of the staff and the team. 92hands usually holds monthly meetings with the mothers of multiple homes to discuss the challenges and possible solutions to address the ongoing problems.

- ☐ Plan training sessions for caregivers on attachment and child development.



Current Improvement Partners



92 Hands

92hands is a Ugandan nonprofit that focuses on supporting single mothers in the slums of Kampala to care for street kids. They prioritize education, skill building, and healing for both the mothers and the kids.

For a list of projects and opportunities to coordinate on go to www.ACHF.org/Projects

