

Mama Nanfuka's Home

Uganda

IMPROVEMENT ROADMAP

August | 2023



Overview of this Children's Home

Background & Mission

Mama Nanfuka is a caregiver devoted to serving and looking after children. She is part of the 92 hands foster care program and strongly believes that this is her God-given calling and has devoted to do it for a lifetime. She currently has 6 children at the home with the youngest child being 3 years old and the oldest, 12 years old.

The mission of 92 hands is to help foster mothers meet the physical, mental, emotional, and spiritual needs of every child by providing them with love, care, guidance, and education so that they can grow and become beacons of change. They envision a loving home where children have freedom of speech and a right to be understood and loved equally, thereby raising a responsible generation that will be accountable for their actions in the future. Additionally, they seek to help provide a home free from chronic diseases and fully immunized to fight illnesses and infections in order to maintain a healthy lifestyle for all the children. 92 hands also envisions a literate generation where all children are enrolled in school, receive quality education services, and are well equipped with scholastic materials. They believe every child has a right to quality education.

Through these programs, 92 hands hopes to raise a responsible generation that knows their rights, stands up for the voiceless in their communities, and promotes values taught at a tender age. In the future, they hope to see these children transform the world, by helping change future politics in Uganda and govern the country under Godly principles.

Recent Accomplishments

- 1:1 therapy sessions have been carried out by interns with the children at Mama Nanfuka's home and there are big improvements amongst the children. She has also been able to hold counseling sessions with the interns from Makerere University.
- Two children from Mama Nanfuka's household have been able to join and attend school.



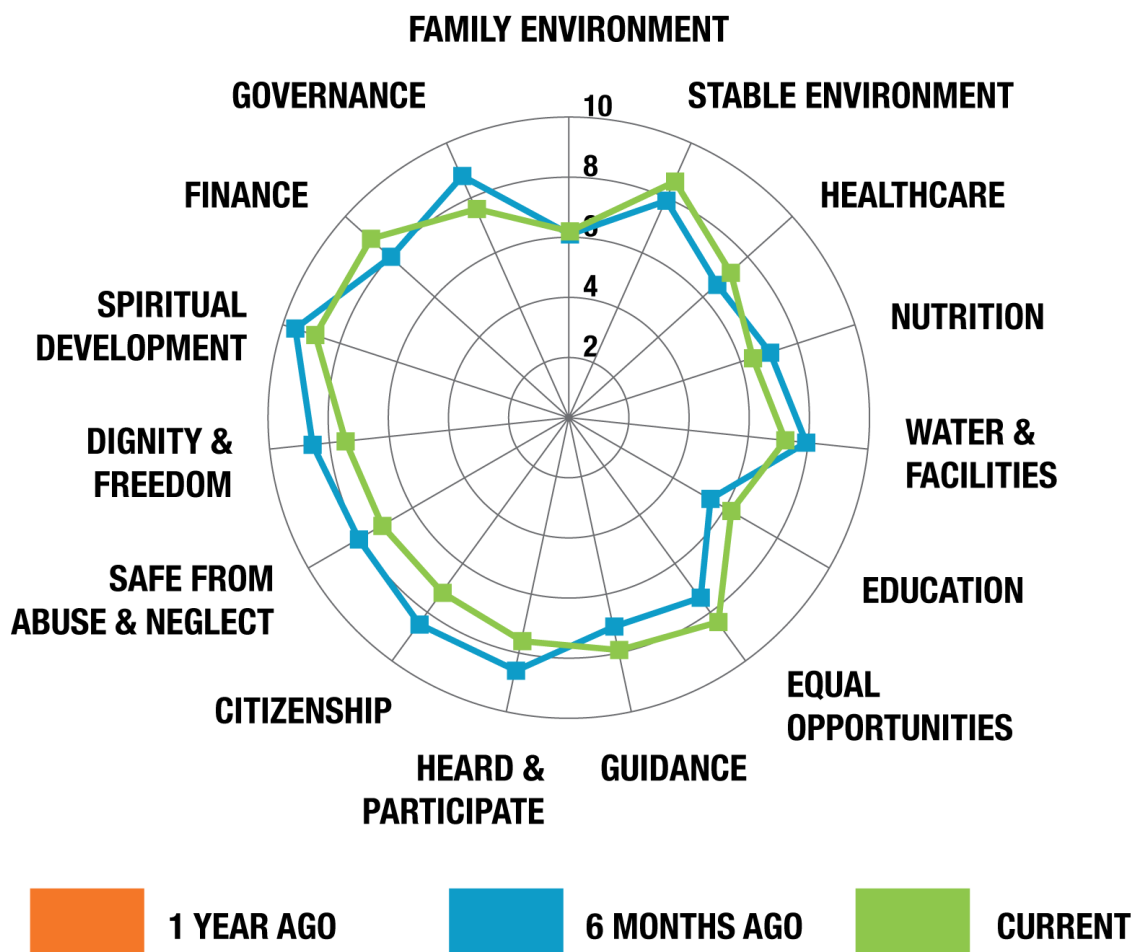
The Thrive Assessment

What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future.

The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which and compiled into an Improvement Roadmap.

Current Thrive Scale



Strategic Initiatives

HOME RENOVATION

PROJECT DESCRIPTION	At Mama Nanfuka's home, there's a need to construct a gate, to create a more safe and secure environment for the children, which would cost \$1,500. Additionally, the purchase of bunk bed and beddings for more children at this home is needed and would cost \$350. Repainting the premises \$500. Replacement of pit latrines with indoor flush toilets \$1,000.
ESTIMATED FUNDING	\$12,950,000 UGX \$3,500 USD

EDUCATION SUPPORT

PROJECT DESCRIPTION	Extra lessons with a tutor. \$137 per month, \$1,650 for a year. Need to provide internet and purchase a computer in this home. \$400 for computer, Internet per month would cost \$67. Child sponsorship for two child @35 dollars each.
ESTIMATED FUNDING	\$ 1,036,000 UGX \$ USD 280 per month for tuition,tutor. \$ 1,480,000 UGX \$ 400 USD One-time

GROCERY STORE

PROJECT DESCRIPTION	Mama Nanfuka has a dream of starting up a grocery store next to her home area in an allocated room. This would help provide fresh food and vegetables for the community, earn income for the home and this would cost approximately \$2,000.
ESTIMATED FUNDING	\$UGX 7,400,000 \$USD 2,000 One-time



Right to Live with Family

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka is the full time mother and caregiver who cares for 6 children, ages 3-12, in this home. Children are not in place to meet their relatives because none have been identified yet. However, family identification of the children is in progress. 92 hands has a social worker on the staff team who currently focuses on identifying families and reunifying after the required procedures, though no reunification has taken place thus far. The caregiver is still in an ongoing process of understanding trauma as she receives support from the therapist, Anabelle.

- ☐ Establish more frequent sessions with Anabelle on trauma informed training. \$100 per visit
- ☐ Reach out and try to trace relatives of the children in order to enable visitations and allow children to get to know their family background.



Right to a Stable Environment

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka is in charge of establishing the house rules, along with some help from the 92hands staff. These rules are clearly explained to each child with the consequences understood in case of disobedience. Children are also told to respect one another and not allowed to bully each other or use demeaning nicknames with one another during play time. The caregiver usually meets with a specialist, but currently scheduling has been difficult for her and there's a need for better coordination so she can receive help. There are occasional special nights and days out planned by the caregiver with the children for fun activities according to their schedule, but these happen more often during the school break/holidays. According to the surrounding environment of the home, there is a high crime rate and presence of drug abusers. Mama Nanfuka has requested the construction of a gate for safety, which costs around \$1,500.

- ☐ Construct a fence and gate to increase the safety of the home. Cost of \$1,500 USD.
- ☐ Attend more monthly meetings with other mothers/caregivers to strengthen bonds and get to know how different homes operate.



Right to Healthcare

SURVIVING

SUSTAINING

THRIVING

All children in this home receive one annual checkup, but there's a need for a checkup twice a year. Per child this would cost \$400 a year to keep their health in check. Not all children have proper documentation of their vaccinations, but there's a nearby clinic that helps out in case of emergencies. There are no adolescent girls in the home at the moment, but the caregiver is ready to address feminine hygiene when the time comes. The annual vision and dental examinations are not always scheduled, but in case of any emergencies, it's done as needed.

- ☐ Visit a doctor for a checkup twice a year. Per child would cost \$400 a year.
- ☐ Have a plan in place for the adolescents.
- ☐ Follow up on vaccinations of children in order to have proper documentation.



Right to Nutrition

SURVIVING

SUSTAINING

THRIVING

Calorie intake is never measured in this home. The children are currently helping the caregiver in preparing meals and Mama Nanfuka advises them on what to do. Protein is not available on a daily basis and the children require more for healthy growth. Additionally, fruits and vegetables aren't often served. However, Mama Nanfuka wants to start a grocery business next to the home to help generate income that would address the outstanding nutrition needs. Currently Mama Nanfuka acts as the nutritionist at the home, but more help is needed including training from a professional nutritionist to guide her. There's also a need to renovate the home kitchen area.

- ☐ Increase the caloric intake to boost the children's immunity. \$300 to increase the monthly food budget for the home.
- ☐ Construct a proper and well ventilated kitchen in order to avoid risks of children being burned. Roughly \$600 for renovating the floor and the walls.
- ☐ Establish a business plan for a grocery store next to the home to help provide fresh food and vegetables for the children as well as the community. Cost: \$2,000 USD



Right to Safe & Adequate Water & Facilities

SURVIVING

SUSTAINING

THRIVING

The home has safe drinking water that is free from any chemicals or insects. No emergency plan is currently in place for this home in case of fire or flood. This home has no sink faucets, but instead uses the manual way of cleaning or washing in a basin by carrying water in a can. At the moment, the outdoor area isn't fully safe for the children because of drug addicts and high crime rates in the surrounding community which could be addressed by the construction of the gate. Candles are used in case of any electrical emergencies, but needs to be worked on to get solar energy for safety. There is also a goal to replace the outside pit latrines with indoor flushing toilets so that if a child needs to use the toilet at night, they don't have to go outside.

- ☐ Replace outside pit latrines with indoor flushing toilets which will cost \$600 USD.
- ☐ Install solar energy. Cost: \$300 USD
- ☐ Develop a better emergency plan as well as open a savings account for the home that can be used for emergencies.



Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

Mama Nanfuka is excited that her 2 children were able to attend school with full paid tuition while 2 additional children now attend school on half sponsorship. However, the rest home is not in the position to attend as it costs \$35 per month, per child. Every child at home can read and write and those that aren't in school yet are guided by the caregiver and the other children. The home also has reading and writing exercise books for practice as well as other reading techniques. There is no internet or computer access at home, but there may be some provided at school. Currently there's no tutoring taking place at home by a professional tutor/teacher, but the caregiver helps out and some days at school teachers help at the caregiver's request. There's a plan being put in place for housing and funding

- ☐ Need to provide internet and purchase a computer. \$400 USD for a computer, \$67 USD for internet per month.
- ☐ Need to hire a tutor for the children with lower performing subjects. \$137 USD per month
- ☐ Provide full education sponsorship for other children.

Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

Bedrooms are shared amongst all children and there isn't much space for them to keep their own personal items separately. A transition plan is in process for each child to help plan for their future. 92hands staff act as mentors/guardians to these children and visit them 2-4 times a week. Currently there are no children with disabilities, but in any case, there are resources available when needed.

- ☐ Create more time for the children to meet up with their mentors.
- ☐ Need to expand with a room for extra space to keep personal belongings. \$1,000 USD to construct a room.



Right to Guidance

SURVIVING

SUSTAINING

THRIVING

There's a job description in both English and Luganda for the caregiver which details the roles and responsibilities and what's required in a home. Rules, regulations and guidelines are clearly communicated and printed out on the wall for everyone to see in this home. Usually the caregiver and mentors discuss topics of sex education and the changes associated with puberty and adolescence. However, a plan is in place to hire/partner with an organization to discuss more with the children at this stage. Currently this home is receiving intense 1:1 therapeutic sessions with the trained psychologists from Makerere University.

- ☐ Create more time for 1:1 therapy sessions.
- ☐ Create a documented life skills program for the children.



Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

Children are free to decide and express their needs/wants to the caregiver with what to wear, the menu for the day and many others. Children and caregivers are given a chance to know and ask questions prior about healthcare procedures. Some of the children have well documented individual development plans implemented which are updated regularly, and the rest are being worked on. Leadership among the children is practiced in Mama Nanfuka's home where most children have strong character and take advantage of opportunities."

- ☐ Develop individual development plans for all children with 92hands Staff.
- ☐ Allow the children to participate in the different activities at home.



Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

Not every child has a birth certificate or documentation, but they are in the process of being obtained. The caregiver is given training on how to help children learn responsibility quarterly. Chores are assigned according to age where the young ones aren't allowed to wash utensils. National holidays are observed and sometimes celebrated, while children also attend non-routine activities outside of the community for games/sports. The home always joins in to clean up and sweep their community as a way to serve and preach door to door gospel with church members.

- ☐ Obtain birth certificates for every child in the home. The 92hands team is working with the National Identification and Registration Authority to engage in the search and creation of some children's birth certificates.
- ☐ Engage the children into community activities with the guidance of the caregiver.



Right to Be Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

The level of security at this home is not adequate due to the high rate of drug addicts in the neighborhood. All children use the same bathroom, but during different intervals. At the moment, one room is used as a bedroom for both girls and boys. There is a need for more space to separate the boys and girls and also provide more beddings. There's an implemented policy that ensures children are not abused or exploited by anyone, and punishments are assigned when necessary. The caregiver also assigns a qualified teacher to look after the children in case of any off school outings.

- ☐ Construct a gate to increase the safety and security of the home
- ☐ Provide separate beds for each child. Two more bunk beds will be needed. \$216 for both beds.
- ☐ Update the existing visitor's policy.beds.



Right to Dignity & Freedom

SURVIVING

SUSTAINING

THRIVING

Children are bathed twice a day. Unkind comments, demeaning nicknames, or disrespect is highly prohibited in this home. Some girls share beds and beddings due to only having one bedroom for both boys and girls, which needs to be improved. The outdoor play area isn't currently safe for all children, especially the infants, but under the caregiver's supervision they do play.

- ☐ Increase caregiver supervision, especially for the infants.
- ☐ Provide beds and beddings for every child. \$216 for beds. \$100 for bedding.



Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

Children attend and are part of the Children's church where some of them fulfill different roles and remain active. Religious holidays like Christmas, Martyrs Day and others are highly observed, especially at church and at school. They have access to religious books at home, but most especially at church, which helps them get a better understanding of the bible stories and memorize verses. More spiritual books are needed at home and also more efforts should be made to engage and encourage the young ones to participate in the sunday school activities.

- ☐ Hold more devotions and prayers at home, school and Sunday school.
- ☐ Purchase more spiritual books for devotionals. \$80 for books.



Finance Standard

SURVIVING

SUSTAINING

THRIVING

A qualified accountant helps the home with tracking monthly incomes, expenses, and record keeping. Receipts are collected from purchased items and given to the accountant. Sometimes the annual budget isn't fully funded, but the staff tries to fulfill the basic needs of this home. Detailed budgets are always formulated and planned for any upcoming events or projects.

- ☐ Create a well planned annual budget with funds provided.
- ☐ Find an affordable auditor to manage the home's finances. \$542 for an auditor twice a year.



Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Meetings are always held with the caregiver and 92hands staff to address any misunderstandings or improve processes. A job description is always in place for the caregiver. Together with the caregiver, 92hands Staff hold an annual training on child development and attachment, which helps in the growth of the home.

- ☐ Hold more meetings between the caregiver and 92 hands staff.
- ☐ Provide additional training sessions on attachment and child development.



Current Improvement Partners



92 Hands

92hands is a Ugandan nonprofit that focuses on supporting single mothers in the slums of Kampala to care for street kids. They prioritize education, skill building, and healing for both the mothers and the kids.



Makerere University

The College of Social Sciences and Humanities at Makerere University has provided 3 student interns to help provide therapy sessions for various homes within the 92hands network.



The Remnant Generation

The mission of TRG is to reach, rescue, restore & empower survivors of sexual abuse and teen moms to thrive according to God's plan for their lives. Annabelle is the team leader at TRG and a well trained counselor and therapist who is providing therapy sessions with caregivers and children at this home.

For a list of projects and opportunities to coordinate on go to
www.ACHF.org/Projects




92hands
LIVING TO SERVE

**A CHILD'S
HOPE**
FOUNDATION