

Mama Jamila's Home

Uganda

IMPROVEMENT ROADMAP

October | 2023



Overview of this Children's Home

Background & Mission

Mama Jamila's home has four children where the eldest is eleven and the youngest is seven years old. They live in a three room house found in a small town called Lugala Masanafu.

Jamila's mission also goes hand in hand with 92 hands and she looks to raise every child under her care in a God fearing, upright way that will also bring change to their community and the people around them.

The 92 hands mission is to help foster mothers meet the physical, mental, emotional, and spiritual needs of every child by providing them with love, care, guidance, and education so that they can grow and become beacons of change. They envision a loving home where children have freedom of speech and a right to be understood and loved equally, thereby raising a responsible generation that will be accountable for their actions in the future. Additionally, they seek to help provide a home free from chronic diseases and fully immunized to fight illnesses and infections in order to maintain a healthy lifestyle for all the children. 92 hands also envisions a literate generation where all children are enrolled in school, receive quality education services, and are well equipped with scholastic materials. They believe every child has a right to quality education.

Through these programs, 92 hands hopes to raise a responsible generation that knows their rights, stands up for the voiceless in their communities, and promotes values taught at a tender age. In the future, they hope to see these children transform the world, by helping change future politics in Uganda and govern the country under Godly principles.

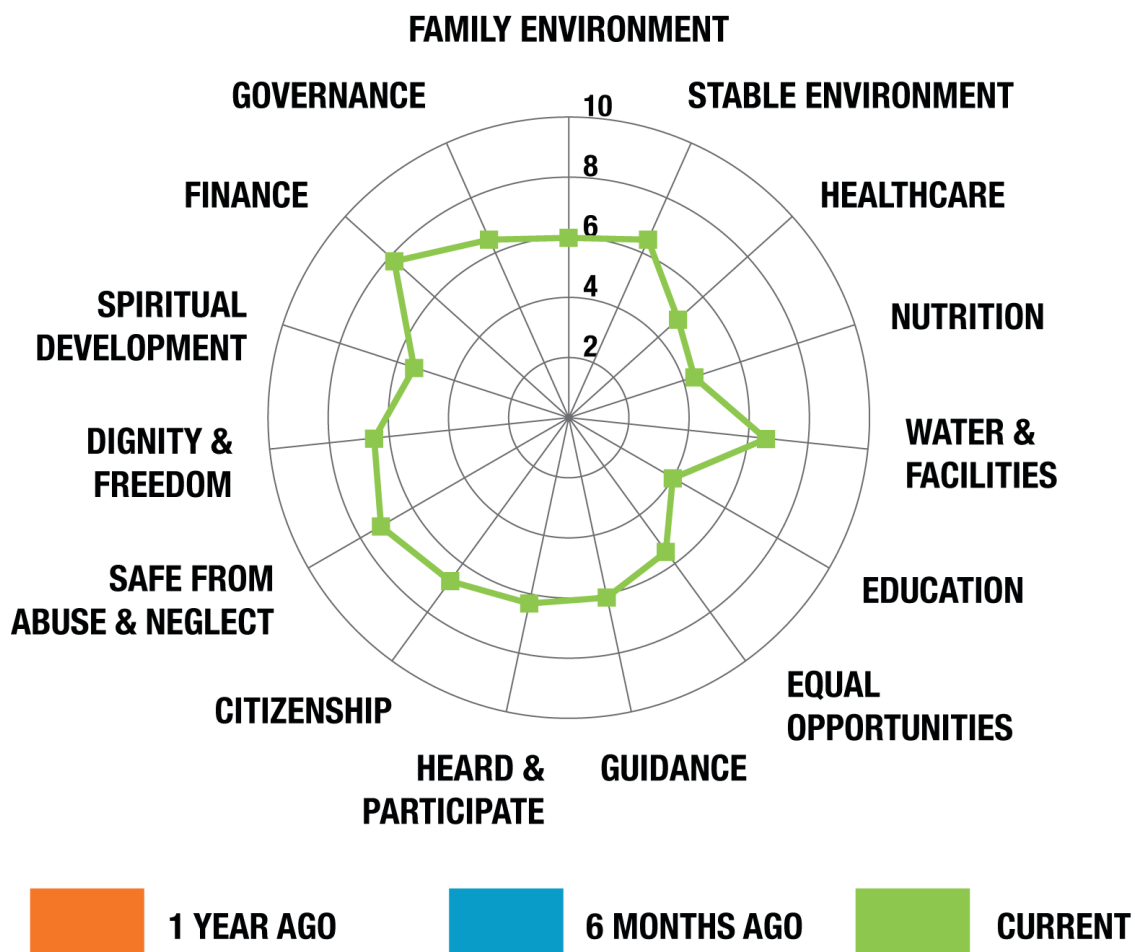


The Thrive Assessment

What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future. The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which are compiled into an Improvement Roadmap.

Current Thrive Scale



Strategic Initiatives

EDUCATION SPONSORSHIPS

PROJECT SUMMARY	Three children in Mama Jamila's home do not have access to school, which costs \$36 per month for each child and \$108 per month for three children.
INITIAL ANTICIPATED COST	\$108 USD per month 399,600 UGX per month

IMPROVE NUTRITION

PROJECT SUMMARY	In order to improve nutrition at the home, they wish to purchase proteins, fruits and vegetables to prepare healthy, balanced meals for the children. They would also like to hire a nutritionist to train the caregiver and children in basic nutrition.
INITIAL ANTICIPATED COST	Food Budget: \$ 400 USD / 1,500,000 UGX per month Nutritionist Session: \$ 200 USD / 750,000 UGX per session

COMPLETE RENOVATIONS

PROJECT SUMMARY	The kitchen area needs to be renovated with a metallic door to increase safety for the children. The construction of an extra toilet is also needed.
INITIAL ANTICIPATED COST	\$1,500 USD 5,625,000 UGX



Right to Live with Family

SURVIVING

SUSTAINING

THRIVING

Mama Jamila is a full time mother who takes care of the children everyday. Even at night, the children are kept safe within her care. With the help of 92 hands, Mama Jamila is in process to ensure that all children in this home have documentation of their backgrounds, including when, where and how they came to join the home. Mama Jamila has also started therapy sessions with the university student psychologists from Makerere University. Due to the fact that this home is new, Jamila is doing her best to encourage sibling groups in the home to bond with each other.

- ☐ Create more time for Mama Jamila's therapy session.
- ☐ Encourage sibling groups to know each other better.
- ☐ Obtain financial support for family background research.



Right to a Stable Environment

SURVIVING

SUSTAINING

THRIVING

Mama Jamila, together with some 92hands staff, were able to come up with some rules and guidelines that govern the home. These rules are followed by the children in this home, despite the fact that they all came from different places and backgrounds. Mama Jamila also has a positive way of punishing those that break the rules to ensure that they are followed by the children and that order is kept. She calls every single child in the home by his or her name. Mama Jamila and the children eat together and spend most of their time together, which creates a strong bond for the children with the mother. Mama Jamila does not share house responsibilities with anyone because she is a full time mother in this home. This home has not started celebrating birthdays or having group outings because of financial limitations, but they do spend Sundays together as a family.

- ☐ Find ways to celebrate birthdays and plan some outings for recreation.



Right to Healthcare

SURVIVING

SUSTAINING

THRIVING

In Mama Jamila's home, children are able to see the doctor when they are sick. In case of any emergencies, they are rushed to hospital by the fastest means to the nearest medical clinic. The 92 hands team has made sure that home has a first aid kit, but it's not fully stocked yet as they are still working on it. The caregiver is training and teaching the children how to use a toothbrush since some of them used to use sticks or never brushed at all. Now, a few of the children in this home can brush their teeth once a day. There is currently an adolescent in the home who is eleven years old and receives guidance from the mother on how to deal with the menstrual cycles and use feminine hygiene products.

- ☐ Obtain financial support for the children to get annual medical checkups.
- ☐ Establish an emergency fund.
- ☐ Obtain sufficient feminine hygiene products, like pads.



Right to Nutrition

SURVIVING

SUSTAINING

THRIVING

In this home, food is prepared in the kitchen area beside the house. The kitchen area is well organized and clean, but it doesn't have a door which worries the mother about the food safety. Children in this home receive different meals each week, but the 92hands staff is still working on their food budget in order to ensure a balanced diet. At the moment, rice, posho and beans make up their main meal most days of the week. They rarely receive appetizing food or fruits and vegetables, except every once in a while. Mama Jamila hasn't received training on how to keep and prepare children's food safely or how to cook to provide a balanced diet for the children.

- ☐ Renovate the kitchen for safety.
- ☐ Obtain funds to purchase foods for healthy meals.
- ☐ Plan more training for Mama Jamila in food & safety.



Right to Safe & Adequate Water & Facilities

SURVIVING

SUSTAINING

THRIVING

This home has been inspected and it has some of the requirements needed by the local government and is still being worked on. Mama Jamila boils or cooks water for drinking before giving it to the children and this implies that children in this home take safe and clean water that is free from diseases. This home doesn't have showers rather children in this home use basins or buckets and most of the time they are being helped by the caregiver. The caregiver always puts water in jerry cans to avoid the water loss that sometimes occurs in the community. She also has candles for light just in case there is loss of electricity in the home. There is an annual written plan in progress to address property maintenance with the help of the landlord. No smoking alarms at the home.

- ☐ Provide smoking alarms in the home.
- ☐ Plan to progress or process property maintenance from the landlord.



Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

Due to the fact that this is a new home, the 92hands team is still working on helping with improvements. Previously, it was really in a very poor state due to the location. In this home, only one child out of the four currently goes to school. With the help of Mama Jamila, the other three children use reading materials to learn their alphabet and letters as well as sing songs. While they cannot yet attend school, this helps to prepare them for when they can go and also keeps them active. In this home, children do not have access to one on one tutoring, but instead are helped by the caregiver. There are no disabled children currently, so no accommodations are needed. There is also no computer or internet access. There is no library in this home, but Mama Jamila helps the children with sounds, numbers and letters. Most of the children participate actively in games and fun activities around home, which is good for their development and brings them together.

- ☐ Obtain child sponsorship for the other three children.
- ☐ Find a tutor to provide one on one tutoring.
- ☐ Obtain textbooks for better studies.

Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

The 92 hands team recently managed to rent for Mama Jamila a bigger house so that children in the home have space for their own personal belongings. Currently, children do not receive the same opportunities to develop their education due to the fact that some do not go to school, or have access to books and tutors. In this case the local learning methods are practiced for example making chats with letters and numbers, making use of numbering songs in their local language. At the moment, the 92hands team is in process to make a transition plan to help the children become independent. Children are also mentored by some of the staff from 92 hands.

- ☐ Provide access to books and textbooks.
- ☐ Find a tutor to provide one on one tutoring to children because they have gone without school.
- ☐ Provide education support to the ones that don't go to school.



Right to Guidance

SURVIVING

SUSTAINING

THRIVING

With the help of the 92 hands team, there is extra effort put in to find qualified caregivers who will care, support and love the children. In this case, Mama Jamila has been well trained and also teaches the children in the home about important life values like respecting their elders, fearing God, being kind to each other, loving one another, greeting each other, and saying sorry when in the wrong. The 92 hands team is also working to see that children in this home meet with a therapist at least once every two months as a starting point.

- ☐ Schedule time for children to meet the therapist at least once or twice a month.



Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

Children in this home participate in menu planning according to their preferences, which excites and helps build their confidence. However, their participation in menu planning only happens once in a while. Children also decide on what they want to do in their free time, but under the supervision of the caregiver. Leadership positions are available for children to take or participate in such as devotions and cleaning, but this is done with the help of the caregiver and the 92 hands team to ensure order in the home.

- ☐ Offer more leadership positions for the children.
- ☐ Encourage more participation in different activities for the children in the home.
- ☐ Develop individual plans for all the children.



Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

Most of the children in Mama Jamila's home do not have access to birth certificates or any legal documentation. However, the 92 hands support team is currently looking into how the documentation might be obtained. These children often join the 92hands organization for charity works in the community like cleaning the community and the go back to school campaign with their church congregation. Every child is trained to be responsible through being assigned little house chores like washing clothes or washing dishes. Mentorship and therapy sessions are currently planned for the next few months.

- ☐ Process birth certificates and documents for all the children in the home.
- ☐ Encourage more charity work in the community.
- ☐ Emphasize more mentorship and therapy sessions for both the caregiver and the children.



Right to Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

All children in this home share the toilets and bathrooms for both girls and boys. Since the recent move, the home is located in a better place, though they still share the dressing area and bedroom for both girls and boys. Thus, there's a need to create an additional bedroom for the girls. There's also a need to construct another toilet and bathroom. Training is ongoing between the caregivers, trainers and the 92 hands team about child's protection and development in the home.

- ☐ Begin construction of the toilet and bathroom for boys and girls to have separate space.
- ☐ Begin construction of an additional bedroom to have a proper space for both girls and boys to dress.
- ☐ Hold more training to emphasize child development and protection.



Right to Dignity and Freedom

SURVIVING

SUSTAINING

THRIVING

The youngest child in the home is seven years old and he's bathed by Mama Jamila every day. She also helps him clean his teeth as well as supervises the other children while bathing and brushing. Children in this home share beddings, towels and beds at the moment, which indicates a need to purchase more for each child to have their own. The home is big enough for the children to play with their toys together along with the caregiver. Children in this home are encouraged to speak their language in the home by Mama Jamila. Currently there is not enough clothing and undergarments as there is need for more clothes and towels.

- ☐ Purchase more individual items like towels, undergarments and beddings for the children.
- ☐ Provide more supervision regarding the hygiene of the children in the home.



Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

Mama Jamila's home is near a church, which the children have just joined. The location will make it easy for the children to access church and build their life spiritually as well as help them to know more about God and even meet new friends. Religious holidays are considered, but not yet celebrated as the 92 hands team has been helping to focus on the wellbeing of the home first. The home also lacks religious materials like books and bibles to strengthen their faith in God.

- ☐ Obtain more spiritual books like bibles and story books.
- ☐ Encourage more praying days in the home.
- ☐ Find ways to celebrate religious holidays in the home so children understand their meaning.



Financial Standard

SURVIVING

SUSTAINING

THRIVING

The 92 hands organization has a qualified accountant on board that tracks incomes and expenditures in this home. The accountant is also involved in the purchase of children's items in the home, thus helping control the misuse of funds. This is done monthly. Additionally, 92 hands also hires an auditor to account for money in the home and as well as within the organization.

- ☐ Bring a permanent auditor on board.
- ☐ Plan the annual budget with funds provided.



Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Mama Jamila is a well trained full-time mother who values child development as 92s hands does. Meetings are held occasionally to improve the home and the 92 hands team visits weekly to supervise how the children and caregiver are doing. This collaboration makes work easier for both the 92 hands team and the caregiver in this home.

- ☐ Provide more training to the caregiver on the values of child development.
- ☐ Schedule more meetings between the caregiver and the 92hands team for easy problem solving.



Current Improvement Partners



92hands

92hands is a Ugandan nonprofit that focuses on supporting single mothers in the slums of Kampala to care for street kids. They prioritize education, skill building, and healing for both the mothers and the kids. Learn more at www.92hands.org.



Makarere University

The College of Social Sciences and Humanities at Makerere University has provided 3 student interns to help provide therapy sessions for various homes within the 92hands network.

For a list of projects and opportunities to coordinate on go to www.ACHF.org/Projects



**A CHILD'S
HOPE**
FOUNDATION