

Enyumba Ya Maama Jamila

Uganda

ENTEEKATEEKA
Y'OKULONGOOSA
AMAKA

Omweezi Ogw'ekkumi | 2023



Okulaba Ennyumba Eno ey'Abaana

Ensibuko n'Obutumibwa

Amaka ga Maama Jamila galimu abaana bana nga mukulu wa myaka kkumi n'omu ate omuto alina emyaka musanvu. Babeera mu nnyumba ey'ebisenge bisatu esangibwa mu kabuga akatono akayitibwa Lugala Masanafu.

Omulimu gwa Jamila nagwo gugenda wamu n'emikono 92 era atunuulidde okukuza buli mwana alabirira mu ngeri etya Katonda, egolokofu era ejja kuleeta enkyukakyuka mu kitundu kyabwe n'abantu ababeetoolodde.

Omulimu gw'emikono 92 kwe kuyamba bamaama abakuza okutuukiriza ebyetaago bya buli mwana mu mubiri, mu birowoozo, mu nneewulira, n'ebi'omwoyo nga babawa okwagala, okulabirira, okulungamizibwa, n'okusomesebwa basobole okukula n'okufuuka ettaala z'enkyukakyuka. Balaba amaka ag'omukwano abaana mwe balina eddembe ly'okwogera n'eddembe okutegeerwa n'okwagalibwa kyenkanyi, bwe batyo ne bakuza omulembe ogw'obuvunaanyizibwa ogujja okuvunaanyizibwa ku bikolwa byabwe mu biseera eby'omu maaso. Okugatta ku ekkyo, banoonya okuyambako okuwa amaka agataliimu ndwadde ezitawona era nga gagemeddwa mu bujuvu okulwanyisa endwadde ne yinfekisoni okusobola okukuma obulamu obulungi eri abaana bonna. 92 hands era etunuulidde omulembe ogumanyi okusoma n'okuwandiika ng'abaana bonna bawandiisiddwa mu masomero, bafuna obuweereza bw'ebyenjigiriza obw'omutindo, era nga balina ebikozesebwa ebirungi eby'okusoma. Balowooza nti buli mwana alina eddembe okusomesebwa ku mutindo.

Nga bayita mu nteekateeka zino, 92 hands esuubira okukuza omulembe ogw'obuvunaanyizibwa ogumanyi eddembe lyabwe, okuyimirirawo ku lw'abatalina ddoboozi mu bitundu byabwe, n'okutumbula empisa ezsomesebwa ku myaka emitio. Mu biseera eby'omu maaso, basuubira okulaba ng'abaana bano bakyusa ensi, nga bayamba okukusa ebyobufuzi eby'omu maaso mu Uganda n'okufuga eggwanga wansi w'emisingi gya Katonda.

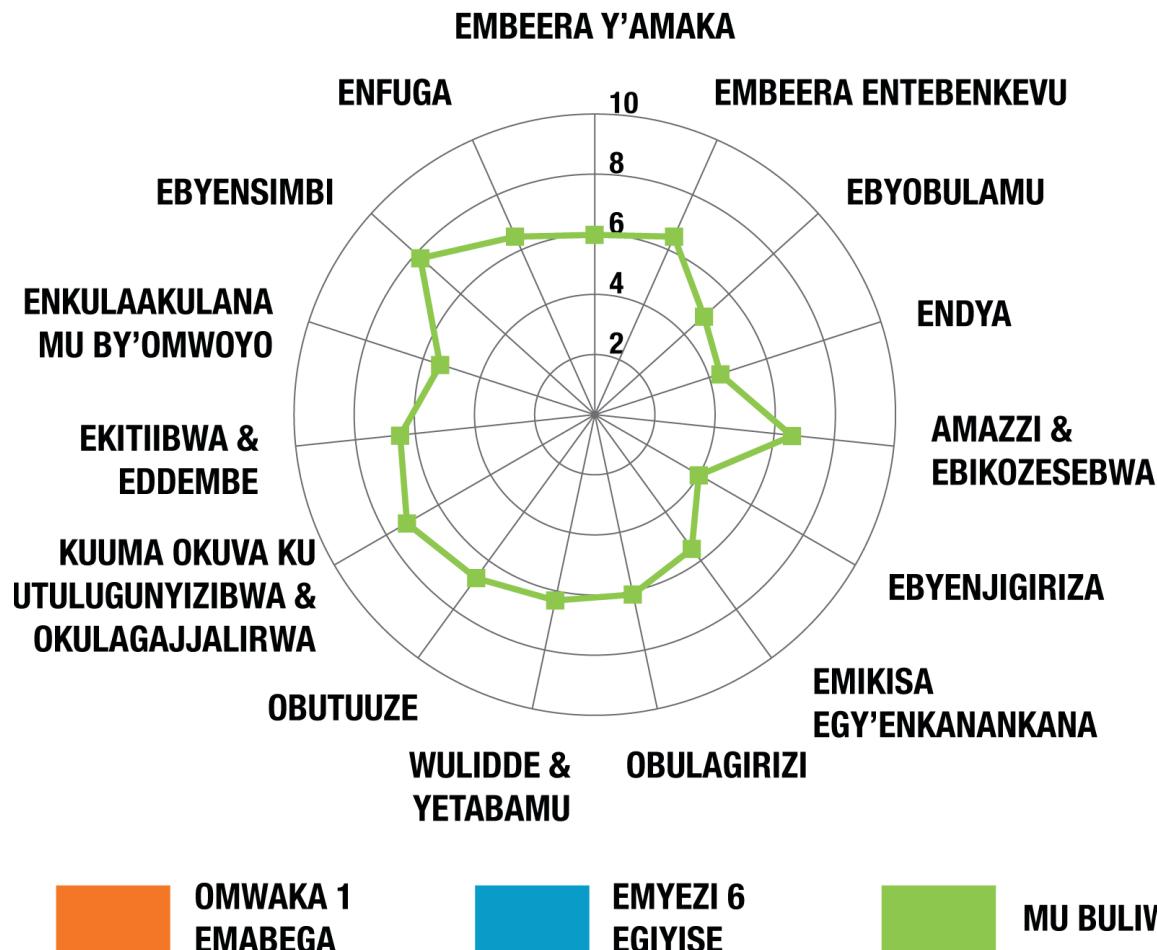


Okukebera Thrive

Okukebera Thrive kye ki?

Mu 1959, ekibiina ky'amawanga amagatte (UN) kyayisa ekiwandiiko ekiraga eddembe ly'omwana, ekirambika eddembe ly'abaana ery'okukuumibwa, okusomesebwa, okulabirira ebyobulamu, okusula, endya n'ebirala. Tufulumizza Eddembe lyonna 13, wamu n'omutindo gw'ebysimbi n'omutindo gw'enfuga n'abakozi, ekivaamu omugatte gw'omutindo 15. Emitendera gino gikakasa nti abaana bafuna obujjanjabi obubayamba mu butuufu okukulaakulana, kati ne mu biseera eby'omu maaso. Okukebera Thrive kijja kukolebwa buli luvannyuma lwa myezi 6 nga buli munne awaka okulaga enkulaakulana ya buli mutindo. Ttiimu yaffe ekolagana n"abalabirira okulambika emitendera egiddako which and compiled into an Improvement Roadmap.

Current Thrive Scale eri Awaka guno



Enteekateeka z'enteekateeka

SPONSORSHIP Z'EBYENJIGIRIZA

ENNYONNYOLA YA PULOJEKITI	Abaana basatu mu maka ga Maama Jamila tebalina kusoma, nga buli mwana agula doola 36 buli mwezi ate abaana basatu buli mwezi doola 108.
ENSIMBI EZIBALIRIRWAMU	\$108 USD buli mwezi eri abaana basatu 399,600 UGX buli mwezi

OKULONGOOSA ENDYA

ENNYONNYOLA YA PULOJEKITI	Okusobola okutumbula endya mu maka, baagala okugula ebirungo ebizimba omubiri, ebibala n'enva endirwa okutegekera abaana emmere ennungi era ey'enjawulo. Era bandyagadde okupangisa omukugu mu by'endya okutendeka omulabirira n'abaana mu by'endya ebisookerwako.
ENSIMBI EZIBALIRIRWAMU	Embalirira y'emmere: \$ 400 USD / 1,500,000 UGX buli mwezi Olukungana Iw'Omukugu mu by'Endya: \$ 200 USD / 750,000 UGX buli lusoma

OKUDDAABIRIZA OKUJJUVU

ENNYONNYOLA YA PULOJEKITI	Ekifo ky'effumbiro kyetaaga okuddaabiriziba n'oluggi olw'ekyuma okwongera obukuumi eri abaana. Okuzimba kaabuyonjo ey'enjawulo nakyo kyetaagisa.
ENSIMBI EZIBALIRIRWAMU	\$1,500 USD 5,625,000 UGX



Haki ya Kuishi na Familia

[OKUWANGAALA](#)
[OKUYIMIRIZAAWO](#)
[OKUKULAAKULANA](#)

Maama Jamila maama omujjuvu era alabirira abaana buli lunaku. Ne mu kiro, abaana bakuumibwa bulungi mu kifo ky'alabirira. Nga bayambibwako emikono 92, Maama Jamila ali mu nteekateeka z'okulaba ng'abaana bona abali mu maka gano balina ebiwandiiko ebikwata ku mbeera gye bava, omuli ddi, wa n'engeri gye bajja okwegatta ku maka gano. Maama Jamila era atandise emisomo gy'obujjanjabi n'abakugu mu by'empisa mu bayizi ba yunivasite okuva ku yunivasite y'e Makerere. Olw'okuba amaka gano mapya, Jamila akola kyonna ekisoboka okukubiriza ebibinja by'abooluganda mu maka okukwatagana.

- Tonda obudde obusingawo ku kiseera kya Mama Jamila eky'okujjanjaba.
- Kubiriza ebibinja by'abooluganda okumanyagana obulungi.
- Funa obuyambi bw'ensimbi okunoonyereza ku bulamu bw'amaka.



Haki ya Mazingira Imara

[OKUWANGAALA](#)
[OKUYIMIRIZAAWO](#)
[OKUKULAAKULANA](#)

Maama Jamila ng'ali wamu n'abakozi ba 92hands abamu, basobodde okuvaayo n'amateeka n'ebiragiyo ebfifuga amaka gano. Amateeka gano gagobererwa abaana mu maka gano, wadde nga bona baava mu bifo n'embeera ez'enjawulo. Maama Jamila naye alina engeri ennungi gy'abonereza ezo ezimenya amateeka okulaba nga zigobererwa abaana era ekiragiyo ekyo kikuumibwa. Buli mwana omu mu maka amuyita amannya ge. Maama Jamila n'abaana balya wamu era ebiseera byabwe ebisinga babimala bombi, ekireetera abaana omukwano ogw'amaanyi ne maama. Maama Jamila tagabana buvunaanyizibwa bwa nnyumba na muntu yenna kubanga ye maama omujjuvu mu maka gano. Awaka gano tegatandise kujaguza mazaalibwa oba okubeera n'okugenda mu bibinja olw'obuzibu bw'ensimbi, naye Ssande bagimala wamu ng'amaka.

- Funa engeri gy'oynza okukuzaamu amazaalibwa era otegeke ebifo ebimu eby'okugendamu okwesanyaamuu.



Haki ya Huduma ya Afya

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Mu maka ga Maama Jamila abaana basobola okulaba omusawo nga balwadde. Singa wabaawo embeera yonna ey'amangu, baddusibwa mu ddwaaliro mu ngeri esinga okusimbula okutuuka mu ddwaaliro ly'abasawo eriri okumpi. Ttiimu y'emikono 92 ekakasizza nti awaka erina ekitabo ky'obujjanjabi obusookerwako, kyokka nga tekinnaba kujjula kuba bakyakikola. Omulabirira abaana atendeka n'okuyigiriza engeri y'okukozesaamu bbulawuzi y'amannyo okuva abamu bwe baali bakozesa emiggo oba nga tebasenyangako ku al. Kati, abaana abatonotono mu maka gano basobola okusensa amannyo omulundi gumu olunaku. Mu kiseera kino mu maka gano mulimu omuvubuka ow'emyaka kkumi n'emu era afuna obulagirizi okuva ewa maama ku ngeri y'okukola ku nsonga z'ekikyala n'okukozesa ebintu ebiyamba abakyala.

- Funa obuyambi bw'ensimbi abaana basobole okwekebeza abasawo buli mwaka.
- Muteekewo ensawo ey'amangu.
- Funa ebintu ebimala eby'obuyonjo bw'abakyala, nga paadi.



Haki ya Lishe

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Mu maka gano, emmere etegekebwa mu kifo ky'effumbiro ku mabbali g'ennyumba. Ekifo ky'effumbiro kitegekeddwa bulungi era kiyonjo, naye tekirina mulyango eyeeraliikiriza maama ku by'okulya. Abaana mu maka gano bafuna emmere ey'enjawulo buli wiiki, kyokka abakozi ba 92hands bakyakola ku mbalirira y'emmere yaabwe okusobola okulaba nga balya emmere ennungi. Mu kiseera kino, omuceere, posho n'ebinyeebwa bye bikola emmere yaabwe enkulu ennaku ezisinga mu wiiki. Tebatera kufuna mmere oba bibala n'enva endiirwa, okuggyako buli luvannyuma lwa kaseera. Maama Jamila tannafuna kutendekebwa ku ngeri y'okukuumma n'okuteekateeka emmere y'abaana nga tewali bulabe oba engeri y'okufumba okusobola okuwa abaana emmere ennungi.

- Ddabiriza effumba okusobola okubeera n'obukuumi.
- Funa ssente z'okugula emmere ey'emmere ennungi.
- Tegeka okutendekebwa okulala kwa Mama Jamila mu omweezi ogw'ekkumi.



Haki ya Maji salama na ya Kutosha na Vifaa

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Amaka gano gakebereddwa era galina ebimu ku byetaago ebyetaagisa gavumenti y'ekitundu era nga bakyakolebwako. Maama Jamila afumba oba afumba amazzi ag'okunywa nga tannagawa baana era kino kitegeeza nti abaana mu maka gano bamira amazzi amayonjo era amayonjo agataliimu ndwadde. Awaka gano temulina showers ruther abaana mu maka gano bakozesa basins oba buckets era ebiseera ebisinga baba bayambibwako omulabirira. Bulijo omulabirira ateeka amazzi mu jerry cans okwewala okufiirwa amazzi oluusi okubaawo mu kitundu. Alina ne candles for light just in case there is loss of electricity in the home. Waliwo enteekateeka ewandiikiddwa buli mwaka egenda mu maaso okukola ku ndabirira y'ebizimbe ng'ayambibwako landiroodi. Tewali alamu za kunywa ssigala mu maka.

- Waayo alamu z'okunywa sigala mu maka.
- Tegeka okugenda mu maaso oba okukola ku ndabirira y'ebintu okuva eri landiroodi.



Haki ya Elimu Bora

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Olw'okuba nti eno maka mpya, ttiimu ya 92hands ekyakola ku kuyamba mu kulongoosa. Emabegako, ddala yali mu mbeera mbi nnyo olw'ekifo we yali. Mu maka gano, omwana omu yekka ku bana y'agenda ku ssomero mu kiseera kino. Nga bayambibwako Maama Jamila, abaana abalala abasatu bakozesa ebantu ebisomebwa okuyiga ennukuta zaabwe n'ennukuta wamu n'okuyimba ennyimba. Wadde nga tebannaba kugenda ku ssomero, kino kibayamba okubateekateeka ddi lwe basobola okugenda ate era kibakuuma nga banyiikivu. Mu maka gano, abaana tebafuna kusomesebwa muntu ku muntu, wabula mu kifo ky'ekyo bayambibwa omulabirira. Mu kiseera kino tewali baana balema, kale tekyetaagisa kusula. Era tewali kompyuta wadde yintaneeti. Mu maka gano temuli tterekero, wabula Maama Jamila ayamba abaana mu maloboozi, ennamba n'ennukuta. Abaana abasinga beetaba nnyo mu mizannyo n'emirimu egy'okusanyusa okwetooloola awaka, ekirungi eri enkulaakulana yaabwe era kibagatta wamu.

- Funa child sponsorship eri abaana abalala abasatu.
- Funa omusomesa akuwe omusomesa omu ku omu.
- Funa ebitabo by'okusoma okusobola okusoma obulungi.

Haki ya Fursa Sawa

[OKUWANGAALA](#)
[OKUYIMIRIZAAWO](#)
[OKUKULAAKULANA](#)

Gye buvuddeko ttiimu y'emikono 92 yasobodde okupangisa Maama Jamila ennyumba ennene abaana abali mu maka basobole okufuna ekifo we bateeka ebintu byabwe eby'obuntu. Mu kiseera kino abaana tebaguna mikisa gye gimu okukulaakulanya obuyigirize bwabwe olw'okuba abamu tebagenda ku ssomero, ova okufuna ebitabo n'abasomesa. Mu mbeera eno enkola z'okuyiga ez'omu kitundu zikolebwa okugeza okukola emboozi n'ennukuta n'ennamba, nga bakozesa ennamba z'ennyimba mu lulimi lwabwe olw'omu kitundu. Mu kiseera kino, ttiimu ya 92hands eri mu nteekateeka z'okukola enteekateeka y'enkyukakyuka okuyamba abaana okwetongola. Abaana nabo babuulirirwa abamu ku bakozi okuva mu mikono 92.

- Okuwa olukusa okufuna ebitabo n'ebitabo ebisomesebwa.
- Funa omusomesa akuwe abaana okusomesa omuntu ku muntu kubanga bagenze nga tebalina ssomero.
- Okuwa obuyambi mu by'enjigiriza eri ezo ezitagenda ku ssomero.



Haki ya Mwongozo

[OKUWANGAALA](#)
[OKUYIMIRIZAAWO](#)
[OKUKULAAKULANA](#)

Nga tuyambibwako ttiimu y'emikono 92, waliwo kaweefube ow'enjawulo ateekeddwa okunoonya abalabirira abalina ebisaanyizo abajja okulabirira, okuwagira n'okwagala abaana. Mu mbeera eno, Maama Jamila abadde atendekeddwa bulungi era asomesa n'abaana mu maka ku mpisa z'obulamu ezikulu nga okussa ekitiibwa mu bakadde baabwe, okutya Katonda, okubeera n'ekisa eri munne, okwagalana, okulamusa, n'okugamba nti basonyiwe nga bali mu... kyaamu. Ttiimu y'emikono 92 era ekola okulaba ng'abaana mu maka gano basisinkana omusawo omujjanjabi waakiri omulundi gumu buli luvannyuma lwa myezi ebiri ng'entandikwa.

- Teekawo obudde abaana okuisinkana omusawo waakiri omulundi gumu ova ebiri mu mwezi.



Haki ya Kusikilizwa na Kushiriki katika Maamuzi

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana mu maka gano beetaba mu kutegeka menu okusinziira ku bye baagala, ekicamula era ekiyamba okuzimba obwesige bwabwe. Wabula okwetaba kwabwe mu nteekateeka ya menu kubaawo omulundi gumu gwokka buli luvannyuma lwa kaseera. Abaana nabo basalawo ku bye baagala okukola mu biseera byabwe eby'eddembe, naye nga balabirirwa oyo alabirira. Ebifo by'obukulembeze bibaawo abaana bye bayinza okutwala oba okwetabamu gamba ng'okwewaayo n'okuyonja, naye kino kikolebwaa nga bayambibwako omulabirira ne ttiimu y'emikono 92 okulaba ng'enteekateeka mu maka.

- Okuwa abaana ebifo ebirala eby'obukulembeze.
- Kubiriza okwetaba ennyo mu mirimu egy'enjawulo eri abaana mu maka.
- Teekawo enteekateeka z'omuntu kinnoomu eri abaana bona.



Haki ya Kutayarishwa kwa Uraia

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana abasinga mu maka ga Maama Jamila tebalina birth certificates oba ebiwandiiko byonna mu mateeka. Wabula mu kiseera kino ttiimu eyamba emikono 92 etunuulidde engeri ebiwandiiko bino gye biyinza okufunibwamu. Abaana bano batera okwegatta ku kibiina kya 92hands okukola emirimu gy'obwannakyewa mu kitundu ng'okuyonja ekitundu ne kampeyini y'okudda ku ssomero n'ekibiina kyabwe eky'ekkanisa. Buli mwana atendekebwa okubeera ow'obuvunaanyizibwa ng'ayita mu kuweebwa emirimu emitonotono egy'omu nnyumba ng'okwoza engoye oba okwoza amasowaani. Mu kiseera kino emisomo gy'okubuulirira n'okujjanjaba gitegekeddwa mu myezi egijja.

- Okukola ku satifikeeti z'amazaalibwa n'ebiwandiiko by'abaana bona abali mu maka.
- Kubiriza okukola emirimu gy'obuzirakisa okusingawo mu kitundu.
- Essira lisse ku biseera ebisingawo eby"okubuulirira n"okujjanjaba eri oyo alabirira n"abaana.



Haki ya Kujilinda dhidi ya Dhuluma na Kutelekezwa

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana bona mu maka gano bagabana kaabuyonjo n'ebinabiro by'abawala n'abalenzi. Okuva lwe baasenguka gye buvuddeko, amaka gano gali mu kifo kirungi wadde nga bakyagabana ekifo abawala n'abalenzi mwe bayambala n'ekisenge mwe basula. Bwe kityo, waliwo obwetaavu bw'okutondawo ekisenge ekirala eky'abawala. Waliwo n'obwetaavu bw'okuzimba kaabuyonjo endala n'ekinabiro. Okutendekebwa kugenda mu maaso wakati w'abalabirira, abatendesi ne ttiimu y'emikono 92 ku kukuma omwana n'okukulakulana mu maka.

- Tandika okuzimba kaabuyonjo n'ekinabiro abalenzi n'abawala babeere n'ebifo eby'enjawulo.
- Tandika okuzimba ekisenge ekirala okusobola okuba n'ekifo ekituufu abawala n'abalenzi we bayinza okwambala.
- Okukola emisomo emirala okussa essira ku nkula y'omwana n'obukuumi.



Haki ya Utu na Uhuru

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Omwana omuto mu maka gano alina emyaka musanvu era buli lunaku Maama Jamila amunaaba. Amuyamba n'okuyonja amannya nga kw'otadde n'okulabirira abaana abalala nga banaaba n'okusenya. Abaana mu maka gano bagabana ebitanda, obutambaala n'ebitanda mu kiseera kino, ekiraga obwetaavu bw'okugula ebisingawo buli mwana abeere n'ebibye. Awaka munene nnyo abaana ne basobola okuzannya n'ebintu byabwe eby'okuzannyisa wamu n'omulabirira. Abaana mu maka gano bakubirizibwa okwogera olulimi lwabwe mu maka nga Mama Jamila. Mu kiseera kino engoye n'engoye z'omunda tezimala kuba waliwo obwetaavu bw'engoye n'obutambaala obulala.

- Gula ebintu ebisingawo ssekkinnoomu nga obutambaala, engoye z'omunda n'ebitanda by'abaana.
- Okuwa okulabirira okusingawo ku bikwata ku buyonjo bw'abaana mu maka.
- Gulira abaana engoye endala mu maka.



Haki ya Maendeleo ya Kiroho

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Amaka ga Maama Jamila gali kumpi n'ekkanisa, abaana gye baakayingira. Ekifo kino kijja kwanguyira abaana okuyingira mu kkanisa n'okuzimba obulamu bwabwe mu by'omwoyo nga kw'otadde n'okubayamba okumanya ebisingawo ku Katonda n'okutuuka n'okusisinkana emikwano emipy. Ennaku enkulu z'eddiini zilowoozebwako, kyokka tezinnaba kukuzibwa kuba ttiimu y'emikono 92 ebadde eyamba okusooka okussa essira ku bulamu obulungi bw'awaka. Awaka era temulina bikozesebwwa mu ddiini ng'ebitabo ne bayibuli okunyweza okukkiriza kwabwe mu Katonda.

- Funa ebitabo eby'omwoyo ebisingawo nga baibuli n'ebitabo by'embooz.
- Kubiriza ennaku eziwera ez'okusaba mu maka.
- Funa engeri gy'oyinza okukuzaamu ennaku enkulu ez'eddiini mu maka abaana bategeere amakulu gaazo.



Kiwango cha Fedha

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Ekibiina kino ekya 92 hands kirina omubalirizi w'ebitabo alina ebisaanyizo ku mmeeri alondoola enyingiza n'ensaasaanya mu maka gano. Omubalirizi w'ebitabo era yeenyigira mu kugula ebintu by'abaana mu maka, bw'atyo n'ayamba okufuga enkozesha embi ey'ensimbi. Kino kikolebwaa buli mwezi. Okugatta ku ekyo, emikono 92 era gipangisa omubalirizi w'ebitabo okubala ssente mu maka ne mu kibiina.

- Leeta omubalirizi w'ebitabo ow'enkalakkira ku mmeeri.
- Tegeka embalirira y'omwaka n'ensimbi eziweereddwa.



Utawala na Kiwango cha Rasilimali Watu

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Maama Jamila maama omutendeke obulungi era akola emirimu emijjuvu era ng'enkula y'abaana ng'ekikulu ng'emikono gy'emyaka gya 92 bwe gitwala. Enkiiko zituula oluusi n'oluusi okulongoosa amaka era ttiimu y'emikono 92 ekyalira buli wiiki okulabirira engeri abaana n'omulabirira gye bakola. Enkolagana eno enyanguyiza emirimu eri ttiimu y'emikono 92 n'omulabirira mu maka gano.

- Okuwa omulabirira okutendekebwa okusingawo ku mpisa z'enkula y'omwana.
- Tegeka enkiiko endala wakati w'omulabirira ne ttiimu ya 92hands okusobola okwanguirwa okugonjoola ebizibu.



Abakolagana n'okulongoosa mu kiseera kino



Emikono 92

92hands kibiina kya Uganda ekitali kya magoba ekitunuulidde okuwagira bamaama abali obwannamunigina mu nzigotta mu Kampala okulabirira abaana b'oku nguudo. Bakulembeza okusoma, okuzimba obukugu, n'okuwonya bamaama n'abaana. Ebisingawo bisange ku muktu gwa www.92hands.org.



Yunivasite y'e Makarere

Ettendekero lya Sayansi w'Ensi n'Eby'Obuntu ku yunivasite y'e Makerere ewaddeyo abayizi 3 abatendekebwa okuyambako mu kuwa obujjanjabi mu maka ag'enjawulo mu mutimbagano gwa 92hands.

Olukalala lwa pulojekiti n'emikisa gy'okukwasaganya ku
nteekateeka genda ku

