

MAAMA HARRIET JAMILA

Uganda

**ENTE EKATEEKA
Y'OKULONGOOSA
AMAKA**

Okukumba | 2024



Okulaba Ennyumba Eno ey'Abaana

Ensibuko n'Obutumibwa

Maama Harriet ayagala nnyo abaana. Mulabirira wa kikugu, alina ebisaanyizo era omutendeke era alabiridde abaana bangi nnyo okuva mu kitundu nga kw'otadde n'abangi mu maka ge yali amaze. Asinza era ayagala buli muntu alabirirwa era bulijjo anoonya okubakuza ng'abaana abatya Katonda. Omulimu gwa Harriet kwe kutuukiriza ebyetaago bya buli mwana mu mubiri, mu birowoozo, mu nneewulira, n'eby'omwoyo ng'abawa okwagala, okumulabirira, okulungamya, n'okusomesebwa mu maka.

Alaba mu birowoozo by'okubawa embeera ey'obukuumi era ey'obukuumi nga eddembe lyabwe n'eddembe lyabwe tebifudde. Okugatta ku ekyo, Harriet amaze okutendekebwa n'okusomesa okuwerako ku kulabirira abaana n'okukuuma abaana. Mu kiseera kino, Maama Harriet alina abaana mukaaga ng'omuto wa myaka 3 ate omukulu wa myaka 11. Abaana basula mu nnyumba ey'ebisenge bisatu mu kabuga akatono akayitibwa Kitunzi. Ebimu ku bigendererwa bya Maama Harriet mulimu okulaba ng'abaana bali mu ssomero era nga balina ebikozesebwa byonna ebisomesebwa n'ebisale by'okusoma. Era ayagala okuyamba abaana obutafuna buvune oba PTSD n'okubayamba okumanyiira obulamu obupya obubali mu maaso. Mu nkomerero, okwolesebwa kwe kwe kukuza abaana okufuuka bannansi ab'obuvunaanyizibwa abawanguzi munda mu ggwanga lyabwe basobole okukuza abaana baabwe mu ngeri y'emu era okukkakkana nga bakendeeze ku mutindo gw'okulagajjalirwa kw'abaana.

Ebintu Ebituukiddwaako Gye buvuddeko

Abaana bonna beenyigira mu bujuvu mu biseera by'obujjanjabi ebigenda mu maaso, ekibadde kiraga bulijjo ebivaamu n'enkyukakyuka mu nneeyisa yaabwe okwetoolola bannaabwe.

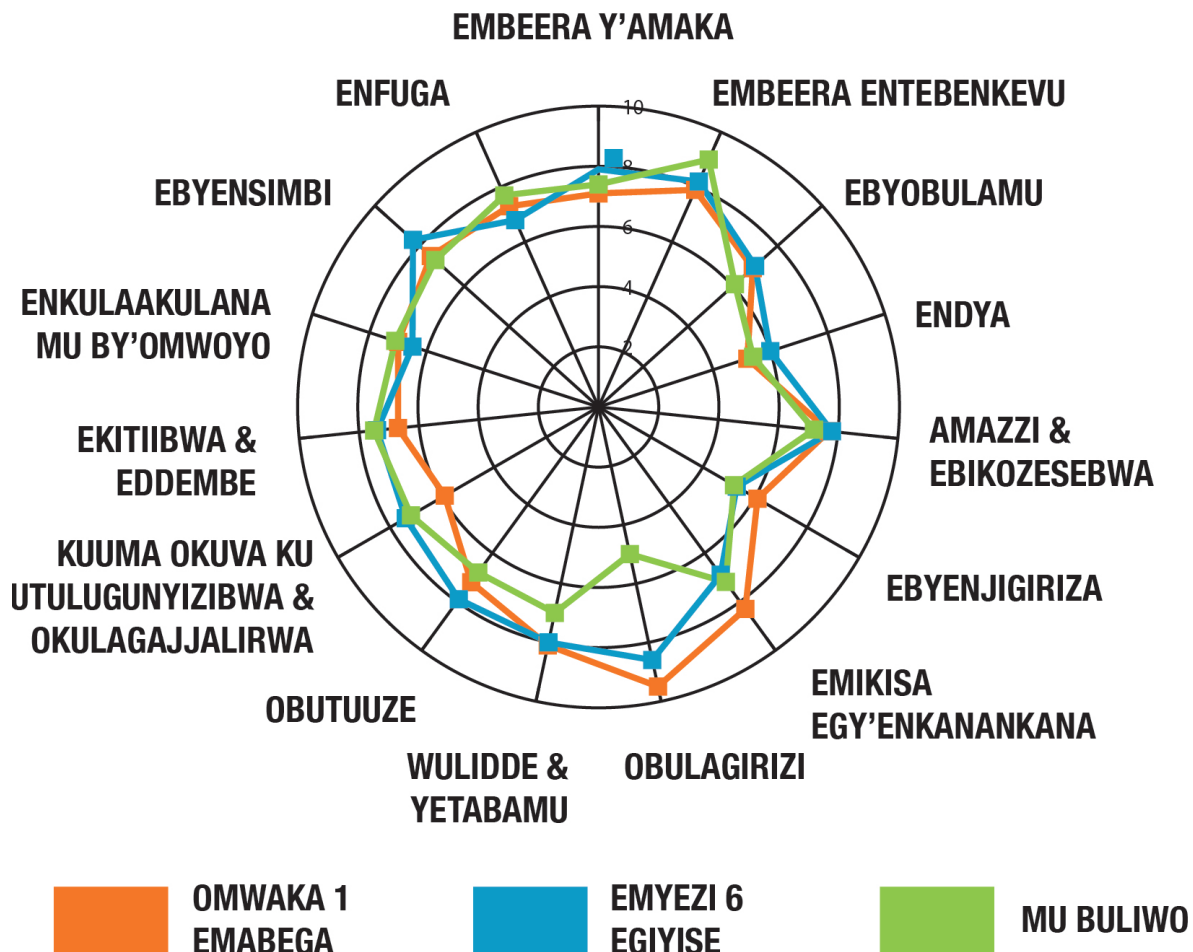


Okukebera Thrive

Okukebera Thrive kye ki?

Mu 1989, ekibiina ky'amawanga amagatte (UN) kyayisa ekiwandiiko ekiraga eddembe ly'omwana, ekirambika eddembe ly'abaana ery'okukuumibwa, okusomesebwa, okulabirira ebyobulamu, okusula, endya n'ebirala. Tufulumizza Eddembe lyonna 13, wamu n'omutindo gw'ebyensimbi n'omutindo gw'enfuga n'abakozi, ekivaamu omugatte gw'omutindo 15. Emitendera gino gikakasa nti abaana bafuna obujjanjabi obubayamba mu butuufu okukulaakulana, kati ne mu biseera eby'omu maaso. Okukebera Thrive kujja kukolebwa buli luvannyuma lwa myezi 6 nga buli munne awaka okulaga enkulaakulana ya buli mutindo. Ttiimu yaffe ekolagana n'abalabirira okulaga emitendera egiddako egikunjaanyizibwa mu nteekateeka y'okulongoosa.

Mu Buliwo Thrive obubonero eri Awaka guno



Enteekateeka z'enteekateeka

DDABIRIZA FFUMBIRO

ENNYONNYOLA YA PULOJEKITI	Ddabiriza effumba n'ogula ebikozesebwa mu ffumbiro ku doola 600.
ENSIMBI EZIBALIRIRWAMU	2,220,000 UGX \$600 USD

GULA ENGOYE

ENNYONNYOLA YA PULOJEKITI	Gula engoye z'abaana ku doola 150 buli emu, doola 900 eri abaana 6.
ENSIMBI EZIBALIRIRWAMU	3,330,000 UGX \$900 USD

PANGISA OMUSOMESA

ENNYONNYOLA YA PULOJEKITI	Pangisa omusomesa okumala emyezi 6 ku doola 600.
ENSIMBI EZIBALIRIRWAMU	2,220,000 UGX \$600 USD



Eddembe ly'okubeera n'amaka

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Maama Harriet ebiseera bye abiwaayo ng'omulabirira, mu kiseera kino akuza abaana mukaaga. Awaka galina ebikwata ku buli mwana, wadde ng'ebikwata ku nsonga eno byawukana mu bujjuvu. Abakola ku nsonga z'abantu n'aba ttiimu abalala banyiiikivu mu kujjuza ebituli nga bayita mu kunoonyereza okugenda mu maaso. Maama Harriet akola ku kutendekebwa okw'amaanyi ku buvune n'okulabirira abaana, ng'agenderera okutumbula embeera y'abaana bano mu kiseera n'oluvannyuma lw'okubeera mu maka.

- Kola okunoonyereza okusingawo ku maka g'abaana n'embeera gye bava.
- Kubiriza enkolagana okusingawo ku balabirira mu kiseera ky'okutendekebwa ku buvune



Eddembe ly'okufuna embeera enywevu, ey'okwagala, era ekuza

OKUWANGAALA

OKUYIMIRIZAAW

OKUKULAAKULANA

Amateeka g'ennyumba gateekeddawo, ne gakubibwa, era ne galagibwa mu kifo eky'awamu buli muntu asobole okwanguyirwa okulaba n'okukozesa ng'ekijjukizo. Omulabirira buli kiseera akubiriza abaana okugoberera amateeka gano okwewala ebinyinza okuvaamu, ekiyamba okukuuma enneeyisa yaabwe ennungi. Ekirala, buli mwana mu maka ayogerwako erinnya lye yalonze, nga yeewala ebigambo byonna ebinyooma, nga bwe kirambikiddwa mu mateeka g'ennyumba. Wadde nga alina emirimu mingi, Mama Harrie ng'omulabirira omujjuvu asobola okufuna obudde okuwummulako mu nnaku z'essomero. Abaana beetaaga ebiseera ebisingawo eby'obwannannyini n'omulabirira waabwe.

- Essira lisse nnyo ku mateeka g'ennyumba okusobola okuleetawo embeera ey'obukuumi
- Tonda obudde obusingawo obw'omukwano obw'omuntu ku muntu wakati wa maama/



Eddembe ly'Obujjanjabi

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana abali mu maka tebakeberegwa oba okukeberegwa buli mwaka nga bategekeddwa bulungi. Wabula, bafuna obujjanjabi mu ddwaaliro eririraanyewo singa wabaawo obulwadde oba embeera ey'amangu, gye bakola okwekenneenya eby'obulamu okw'enjawulo okuzuula embeera y'obulamu yaabwe eriwo kati. Mu kiseera kino, tewali musawo wa baana yennyini aweereddwa abaana. Abawala mu maka baweebwa obulagirizi n'okusomesebwa ku nkyukakyuka mu mubiri n'enzirukanya y'ensonga, nga kiggumiza obukulu bw'okusomesebwa okugenda mu maaso okuzimba obwesige bwabwe. Awaka gano galimu ekintu eky'obujjanjabi, nga kino kyetaagisa okuddamu okutereka n'okukeberegwa buli mwezi. Okugatta ku ekyo, waliwo obwetaavu obumanyiddwa okussaawo ensawo ey'amangu okusasula embeera ez'amangu ez'obujjanjabi n'obujjanjabi obutasuubirwa, okutumbula embeera y'abaana okutwalira awamu.

- Tonda fayiro y'obujjanjabi erimu ebikwata ku buli mwana ng'olina ebyafaayo bye eby'obujjanjabi ne lipoota ze.
- Ddamu okutereka ebikozesebwa mu bujjanjabi obusookerwako mu maka- \$150 buli mwezi.
- Tondawo ensawo y'obujjanjabi obw'amangu.



Eddembe ly'okulya obulungi

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Mu maka gano, tewali kulondoola nnyo kalori z'olya. Kyokka abaana balya ebirungo ebizimba omubiri, ebibala n'enva endiirwa buli wiiki okusenziira ku nteekateeka z'emmere ezitegekebwa omulabirira. Okuteekateeka emmere kubaawo mu mbeera ekuumibwa n'obwegendereza nga nnyonjo era nga terimu bulabe, ekikendeeza ku bulabe bwonna obw'obucaafu obuyinza okukosa abaana. Wabula enkola y'okuyingiza empewo mu ffumbiro yeetaaga okuddaabirizibwa, wamu n'ebintu ebirala ebirongooseddwa mu by'okwerinda by'emmere, ebibalirwamu doola 600 USD, omuli n'okugula ebintu ebitonotono eby'omu ffumbiro. Maama Harriet akakasa nti emmere ewooma era esikiriza, ng'atera okulonda emmere okusenziira ku baana bye baagala. Obutabeerawo musawo wa mmere mu maka kireeta okusoomoozebwa eri omulabirira mu kuwa buli lunaku emmere erimu ebiriisa era ennungi buli lunaku, ekiraga obwetaavu bw'okutendekebwa okulala ku kutegeka emmere.

- Okuddaabiriza ekifo ky'effumbiro- \$600 USD.
- Pangisa omukugu mu by'endya omutendeke obulungi okutendeka omulabirira n'abaana ku ngeri y'okuteekateekamu emmere ennungi- \$200 buli session.
- Yongera ku mbalirira y'emmere buli mwezi okugula ebibala, enva endiirwa ne puloteyina eziwera ez'awaka- \$300 buli mwezi.



Eddembe ly'okufuna Amazzi & Ebikozesebwa Ebituufu era Ebimala

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Ennyumba eno ekakasa nti wabaawo amazzi agafumbiddwa obulungi agayinza okukozesebwa, nga gagattibwako ekyuma ekirongoosa amazzi. Ku mirimu emirala egy'awaka, amazzi g'oluzzi ge gakozebwa. Ekinabiro, kaabuyonjo n'ebifo eby'okunaaba mu ngalo byonna birimu bbaatule ekola, ekikakasa nti waliwo amataala agamala. Ebikolwa bikolebwa ku kusuula kasasiro mu ngeri entuufu okwewala obulabe bw'obucaafu bw'amazzi. Enteekateeka y'okukola ku mbeera ez'amangu eteekebawo okukola ku bintu ebiyinza okubaawo, omuli omuliro, okuvaako kw'amasannyalaze, amataba, n'ebizibu ebirala. Abaana bano balina amazzi amayonjo ag'okunywa awatali kutaataaganyizibwa. Enkola y'amasannyalaze eteekebwa bulungi okutangira okugwa mu bbanga n'obubenje bw'amasannyalaze. Wadde ng'amaka gano gali kumpi n'omugotteko, ekiyinza okuteeka obukuumi bw'abaana mu matigga ebweru, Maama Harriet atadde mu nkola enkola ez'okwekuuma okulaba nga balina obukuumi nga bali bweru. Mu kusuubira amasannyalaze okugwa, ensibuko endala ez'amataala ng'ettaala n'emimuli ziriwo. Wabula waliwo obwetaavu obw'amaanyi obw'enkola y'amasannyalaze g'enjuba okwongerera okutumbula obukuumi. Ennyumba eno era erimu ebifo ebiwerako ebikulukuta nga byetaaga okutereeza okusobola okukuuma obulamu bw'abaana.

- Teekateeka enkola y'amazzi agakulukuta mu maka n'okukulukuta kwonna- \$200 USD.
- Teekawo ensibuko y'amazzi ag'obwannannyini awaka okukozesebwa awaka- \$200 USD.
- Okuteeka enkola y'amasannyalaze g'enjuba- \$300 USD.



Eddembe ly'okufuna Obuyigirize obuli ku mutindo

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Mu baana omukaaga abali mu maka ga Maama Harriet, babiri tebasobola kugenda ku ssomero emirimu emijjuvu kubanga balina bbasale za kitundu zokka ekibalemesa okugenda mu maaso mu kusoma. Naye abaana bonna ab'emyaka musanvu n'okudda waggulu basobola okutegeera buli nnukuta ya alfabeti, okwogera amaloboozi, n'okukola emirimu emikulu egy'okubala ng'okugatta n'okuggyako. Waliwo obwetaavu obw'amaanyi obw'okukozesa yintaneeti ne kompyuta mu maka okwongera okutumbula okusoma n'obukugu bw'abaana mu kompyuta. Maama Harriet awagira nnyo okusomesa abaana okusobola okuwa abaana okusomesebwa okw'enjawulo naddala mu masomo mwe balwana, ng'aggumiza obukulu bw'okugaba omusomesa eyeewaddeyo okuyamba abaana mu by'enjigiriza.

- Gula kompyuta era owe yintaneeti abaana okwegezaamu nga balabirirwa Era92- \$400 USD buli kompyuta, \$67 USD buli mwezi yintaneeti.
- Pangisa omusomesa omukugu okuyamba abaana mu kuddamu okusoma n'okuyiga ensonga enzibu oba empya- \$137 USD buli mwezi.
- Funa omugabi okuwagira sponsorship eyeetaagisa okutuukiriza mu bujjuvu ebyetaago by'abaana ku ssomero- \$35 USD buli mwezi/buli mwana.



Eddembe ly'okufuna Amazzi & Ebikozesebwa Ebituufu era Ebimala

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Ennyumba eno ekakasa nti wabaawo amazzi agafumbiddwa obulungi agayinza okukozesebwa, nga gagattibwako ekyuma ekirongoosa amazzi. Ku mirimu emirala egy'awaka, amazzi g'oluzzi ge gakozebwa. Ekinabiro, kaabuyonjo n'ebifo eby'okunaaba mu ngalo byonna birimu bbaatule ekola, ekikakasa nti waliwo amataala agamala. Ebikolwa bikolebwa ku kusuula kasasiro mu ngeri entuufu okwewala obulabe bw'obucaafu bw'amazzi. Enteekateeka y'okukola ku mbeera ez'amangu eteekebawo okukola ku bintu ebiyinza okubaawo, omuli omuliro, okuvaako kw'amasannyalaze, amataba, n'ebizibu ebirala. Abaana bano balina amazzi amayonjo ag'okunywa awatali kutaataaganyizibwa. Enkola y'amasannyalaze eteekebwa bulungi okutangira okugwa mu bbanga n'obubenje bw'amasannyalaze. Wadde ng'amaka gano gali kumpi n'omugotteko, ekiyinza okuteeka obukuumi bw'abaana mu matigga ebweru, Maama Harriet atadde mu nkola enkola ez'okwekuuma okulaba nga balina obukuumi nga bali bweru. Mu kusuubira amasannyalaze okugwa, ensibuko endala ez'amataala ng'ettaala n'emimuli ziriwo. Wabula waliwo obwetaavu obw'amaanyi obw'enkola y'amasannyalaze g'enjuba okwongerera okutumbula obukuumi. Ennyumba eno era erimu ebifo ebiwerako ebikulukuta nga byetaaga okutereeza okusobola okukuuma obulamu bw'abaana.

- Teekateeka enkola y'amazzi agakulukuta mu maka n'okukulukuta kwonna- \$200 USD.
- Teekawo ensibuko y'amazzi ag'obwannannyini awaka okukozesebwa awaka- \$200 USD.
- Okuteeka enkola y'amasannyalaze g'enjuba- \$300 USD.

Eddembe ly'okufuna emikisa egy'enkanankana

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Kati amaka ga Maama Harriet galina ekisenge eky'enjawulo abalenzi n'abawala mwe basobola okuba n'ebisenge eby'enjawulo n'ekifo we bakuumira ebintu byabwe eby'obuntu, bwe batyo ne bafuna ekifo ekitono ennyo eky'omuntu kinnoomu. Wadde nga boolekedde okusoomoozebwa okumu okukosa obuyigirize bwabwe, abaana bonna balina eddembe okugenda ku ssomero, era mu kiseera kino, enteekateeka y'enkyukakyuka ekolebwa okubalunganya okutuuka mu bulamu obw'okwetongola. Buli mwana aganyulwa mu nkolagana ey'obuntu n'ababuulirizi be okuva mu 92hands, abatakola nga kyakulabirako bokka wabula era nga baliwo okubudaabudibwa n'emirimu egy'enjawulo munda mu maka. Okusobola okuwagira abaana abaliko obulemu mu kuyiga, obuyambi mu kusomesa nga chati n'ebintu ebirala biweebwa, nga biraga obwetaavu obugenda mu maaso obw'omusomesa okwongera okuyamba mu lugendo lwabwe olw'okusoma.

- Okutereeza era okole ku nteekateeka y'enkyukakyuka ya buli mwana okuyamba okumuteekateeka okubeera nga beetongodde mu biseera eby'omu maaso.
- Essira lisse ku biseera ebisingawo buli wiiki n'okukunjaana n'ababuulirizi baabwe.
- Okwanguyiza okuwagira abaana abalina obuzibu mu kuyiga nga okupangisa omusomesa n'okugula ebitabo ebisingawo eby'okusoma.



Eddembe ly'Okulunnamizibwa

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Omulabirira mu maka gano assa ekitiibwa mu baana ng'abakubiriza okukoppa Yesu, eyali amanyiddwa olw'obuwulize bwe n'ekisa kye. Okuwa ekitiibwa mugaso musingi ogussibwako essira mu maka, nga gulabika nga gulagibwa ku bbugwe ng'ekijjukizo buli kiseera. Mu nkola y'okuwandiika bamaama abakuza, 92hands ekulembeza abesimbyewo abatya Katonda, abaagala ennyo abaana, era abalina endowooza y'okukuza, ey'okuzaala. Abaana bano buli mwezi baba n'emisomo gy'obujjanjabi okukubaganya ebirowoozo ku nsonga ez'enjawulo omuli n'obuvubuka eri abo ab'emyaka. Wabula waliwo obwetaavu obumanyiddwa okwongera ku ntuula zino okutuuka ku mirundi ebiri oba esatu mu mwezi okusobola okuwagira obulungi enkula y'abaana mu nneewulira n'eby'omwoyo.

- Okukwasaganya okutendeka abalabirira ku nkula y'omwana.
- Funa obulagirizi n'okubudaabudibwa eri abaana okumalawo enneeyisa ezitasaana.



Eddembe ly'okuwulirwa n'okwetaba mu kusalawo okubakwatako

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana mu maka balina eddembe okulonda emirimu gye bakola mu biseera byabwe eby'eddembe, wadde nga bayinza okuba nga balabirirwa omuntu abalabirira. Okugatta ku ekyo, beetaba mu kusalawo ku bintu nga menu y'emmere n'emirimu egy'ebweru w'essomero. Buli wiiki, abaana batwala emirimu gy'obukulembeze mu mirimu egy'enjawulo, omuli okukulembera okwewaayo n'okuyambako mu kutegeka emmere. Mu kiseera kino, tewali nteekateeka ya nkulaakulana ya buli mwana ssekinnoomu, naye kaweeefube agenda mu maaso okuteekawo enteekateeka ezikwata ku buli mwana mu bbanga eritali ly'ewala.

- Okutondawo ekifo ekisingawo abaana okutuukiriza emirimu gy'obukulembeze.
- Tonda emirimu gy'okukolagana nga ttiimu okussa essira ku kubeera awamu wakati w'omulabirira n'abaana ng'amaka.
- Teekawo enteekateeka z'enkulaakulana ya buli mwana ssekinnoomu.



AMutuuze Eyeenyigiramu ate nga wa Buvunaanyizibwa

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Ku Mama Harriet's, mu kiseera kino abaana bonna si balina satifikeeti y'amazaalibwa oba ebiwandiiko ebitongole, naye kaweeefube agenda mu maaso okuva mu 92hands okutereeza kino. Buli mwana ayigirizibwa okuba ow'obuvunaanyizibwa n'okuteekawo ekyokulabirako ekirungi eri abalala. Emirimu n'emirimu egyaweewba abaana bituukagana n'emyaka gyabwe era biba bisikiriza. Awaka guno gukuza n'okukuza ennaku enkulu zonna, ng'emirimu gitegekeddwa munda n'ebweru. Okugatta ku ekyo, abaana beetaba nnyo mu nteekateeka z'obuyonjo mu kitundu, ezissa essira ku buyonjo, obuyonjo, n'okuyamba abantu mu ngeri ennungi.

- Ggumiza amaka amayonjo agataliimu kasasiro oba ebintu ebirala byonna ebimenyese.
- Abaana beenyige nnyo mu kubunyisa amawulire mu bantu n'okukola.
- Mukuume n'okukuza ennaku enkulu ez'omu kitundu n'ez'eggwanga n'abaana awaka.



Eddembe ly'okukuumibwa okuva ku kutulugunyizibwa n'okulagajjalirwa

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Amaka ga Maama Harriet gali mu kitundu ky'omugotteko, era nga kitera okuleeta obulabe eri abaana obukuumi. Wadde ng'akakasa n'obwegendereza obukuumi bwabwe n'obulagirizi mu biseera byonna eby'ebweru, waliwo obwetaavu bw'okuzimba olukomera n'ekikomera okwetooloola ekifo kino okusobola okwongera ku bukuumi. Awaka gano galina ebifo by'obwannannyini ebitono, ng'ebintu nga kaabuyonjo biba bigabana bammemba bonna. Gye buvuddeko, abalenzi n'abawala baaweebwa ebisenge eby'enjawulo, ne bibawa ebifo ebisingako eby'obwannannyini ate nga bimala. Nga yeewaddeyo okukuuma abaana, amaka gano gawakanya okukozesa abaana era gagoberera amateeka g'eggwanga agakwata ku kukuuma abaana, agatunuulirwa buli kiseera era ne gaterezebwa okutumbula embeera z'abaana.

- Essira lisse ku kutendeka abalabirira okusingawo.
- Essira lisse ku biseera by'obujjanjabi ebisingawo abaana okukola nga bayita mu buvune.
- Zimba olukomera n'ekikomera.



Eddembe ly'Ekitiibwa n'Eddembe

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Mu maka ga Mama Harriet, ekisa n'okugabana omukwano mpisa za musingi. Gye buvuddeko abaana bano baafunye ekisenge ekirala eky'okusulamu okwawula abalenzi ku bawala, ekivuddeko obwetaavu bw'okubeera n'ebitanda ebirala n'emitto. Maama Harriet n'obunyiikivu okuyamba abaana mu kunaaba n'okwekolako buli lunaku, ate abaana abakulu batera okuyamba n'abato. Waliwo n'obwetaavu bw'okugulira abaana engoye endala, kuba bangi bakuze okusinga engoye ze balina kati, ekivuddeko obutabeera bulungi.

- Gula engoye n'ebitanda by'abaana- \$150 USD buli mwana.
- Gula ebitabo bya luganda ebisingawo okuyigiriza abaana ebisingawo ku buwangwa bwabwe n'olulimi oluzaaliranwa.
- Tonda abaana obudde obw'okwesanyusaamu obusingawo okuzannya emizannyo.



Eddembe ly'Okuzimbibwa mu by'Omwoyo

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Abaana abali mu maka ga Maama Harriet bakubirizibwa nnyo okwenyigira mu bitundu by'omwoyo n'emirimu. Bangi bafuuse bammemba b'ekkanisa y'abaana, ekibaleetedde okwekkiririzaamu, okwongerera okutegeera Katonda, n'okubayamba okukola emikwano emipya. Okusinza buli lunaku kintu kikulu nnyo mu maka, nga kukolebwa buli ku makya n'akawungeezi. Okugatta ku ekyo, ennaku enkulu ez'eddiini zikuzibwa n'obunyikivu, ne ziwa obudde obw'omuwendo obw'okukolagana n'amaka okulaga omukwano, okunyumirwa okubeera awamu ne munne, n'okuzannya emizannyo nga bali wamu.

- Kubiriza abaana okusaba buli lunaku.
- Gula ebitabo by'eddiini ebirala abaana basobole okufuna- \$15 USD buli kitabo.



Omutindo mu by'Ensimbi

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Omubalirizi w'ebitabo okuva mu 92hands addukanya n'obwegendereza enkozesa y'ensimbi, akola ku by'okugula ebintu, n'okukuuma ebiwandiiiko by'ensaasaanya y'amaka. Okugatta ku ekyo, 92hands erimu Maama Harriet mu nkola y'okusalawo okugula ebintu ebikulu ebyetaagisa okutuukiriza ebyetaago bya buli mwana buli mwezi. Okusenziira ku ssente ezikugira ezikwatagana n'okupangisa omubalirizi w'ebitabo ow'ekikugu, 92hands esalawo okukozesa omubalirizi w'ebitabo ow'ebweru buli mwaka okukakasa ebiwandiiiko by'ebyensimbi eby'awaka n'ekitongole okutwaliza awamu.

- Kozesa omubalirizi w'ebitabo ow'ebbeeyi okuddukanya eby'ensimbi by'awaka emirundi ebiri buli mwaka- \$542 USD.
- Omulabirizi asinga kukwata mu kugula emmere.



Omutindo gw'enfuga n'abakozi

OKUWANGAALA

OKUYIMIRIZAAWO

OKUKULAAKULANA

Bwe yatandika endagaano ye mu maka gano, Maama Harriet yatendekebwa mu kukuuma abaana. Era yafunye ekiwandiiiko ekiraga obuvunaanyizibwa, amateeka, n'ebisuubirwa ku ye ne 92hands okulaba ng'ebisanja by'emirimu bitegeerekeka bulungi eri buli kibiina. Abakozi abawagira 92hands bagenda mu maka buli wiiki okuwa obuyambi n'obulagirizi, okuyamba okwanguyiza okulongoosa obutasalako. Awaka gakakasa nti buli muntu afuna amazzi amayonjo ag'okunywa. Okugatta ku ekyo, Maama Harriet yeetaba mu kutendekebwa kw'obusawo n'obuyonjo okuwerako okumufunira obukugu obwetaagisa okulabirira abaana bonna abalwadde.

- Tuula enkiiko z'abakozi ezisingawo buli kiseera.
- Okuwa emisomo emirala ku kutulugunya abaana n'eddembe lyabwe nga baana bato.

Abakolagana n'okulongoosa mu



Emikono 92hands

92hands kibiina kya Uganda ekitali kya magoba ekitunuulidde okuwagira bamaama abali obwannamunigina mu nzigotta mu Kampala okulabirira abaana b'oku nguudo. Bakulembeza okusoma, okuzimba obukugu, n'okuwonya bamaama n'abaana.



Yunivasite y'e Makerere

Yunivasite y'e Makerere y'emu ku yunivasite ezisinga obukadde n'ekitiibwa mu Afrika. Esangibwa mu Kampala mu Uganda, yatandikibwawo mu 1922 ng'essomero ly'ebyemikono era ekula n'efuuka yunivasite ya gavumenti ennene ng'esomesa emisomo egy'enjawulo egya diguli n'egya diguli mu bintu eby'enjawulo, omuli eby'emikono, ssaayansi, ebyenjigiriza, ssaayansi w'ebyobulamu, bizinensi, n'... amateeka. Yunivasite y'e Makerere ekoze kinene nnyo mu kusomesa abakulembeze ba Afrika bangi era ekoze kinene mu kunoonyereza n'okukulaakulanya ekitundu kino. Ttiimu ya 92hands yasobodde okukolagana n'essomero ly'eby'empisa okuwa obuweereza bw'obujanjabi eri awaka okuwa mu bayizi abatendekebwa abakola omulimu ogw'amaanyi ennyo mu kukyusa ennyiriri mu bulamu bw'abaana bano.

Olukalala lwa pulojekiti n'emikisa gy'okukwasaganya ku
nateekateeka genda ku www.ACHF.org/Projects.



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