

Mama Jamila's Home

Uganda

A young girl with dark skin and short hair is smiling warmly at the camera. She is wearing a light-colored, sleeveless dress with a decorative pattern. The background is a plain, light-colored wall.

IMPROVEMENT ROADMAP

March | 2024



Overview of this Children's Home

Background & Mission

Mama Jamila's home, located in the small town of Lugala Masanafu, embodies the spirit of the 92 Hands mission. With her four children ranging from twelve to eight years old, Mama Jamila is dedicated to nurturing them in a God-fearing, upright manner that will not only benefit their community but also inspire change in those around them. The essence of the 92 Hands mission is to support foster mothers like Mama Jamila in meeting the holistic needs of every child under their care. This includes providing love, care, guidance, and education to ensure the children grow into responsible individuals capable of effecting positive change. Central to their vision is the creation of a nurturing environment where children are encouraged to express themselves freely and are treated with equal love and understanding. Additionally, they aim to establish homes that are free from chronic diseases, with children fully immunized to safeguard their health. Education is a cornerstone of their mission, aiming to ensure that every child receives quality schooling and is equipped with the necessary educational resources. Through these initiatives, 92 Hands aims to cultivate a generation that is not only educated but also socially aware and empowered to advocate for the rights of others. They envision these children becoming leaders who govern with integrity and uphold Godly principles, ultimately contributing to positive political and social change in Uganda and beyond.

Recent Accomplishments

- Rapport has been built between the caregiver and children and now they are able to communicate freely.

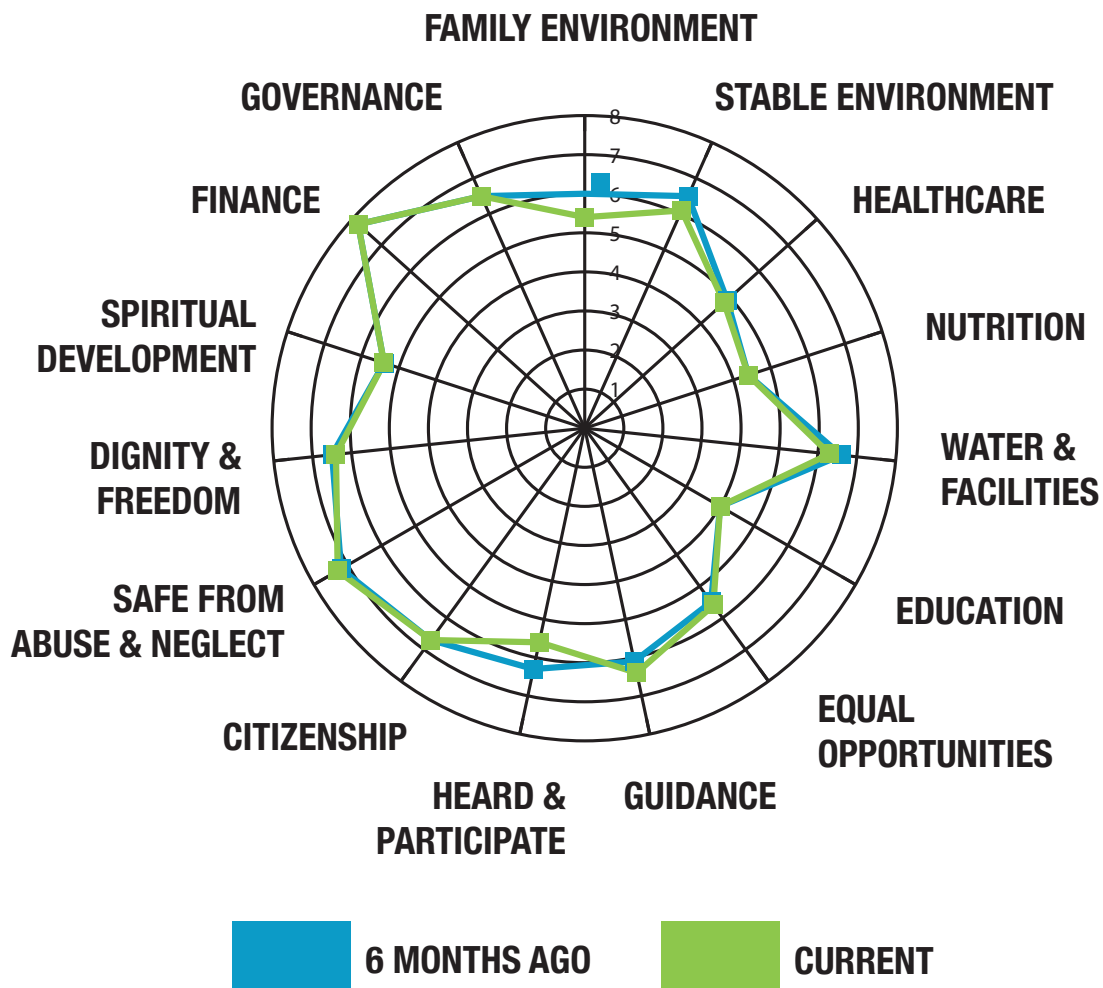


The Thrive Assessment

What is the Thrive Assessment?

In 1959, the United Nations (UN) adopted the Declaration of the Rights of the Child, which defines children's rights to protection, education, healthcare, shelter, nutrition and more. We have codified all 13 Rights, as well as a Finance Standard and a Governance and Human Resource Standard, resulting in a total of 15 standards. These standards ensure that children receive care that truly helps them to thrive, now and in the future. The Thrive Assessment will be administered every 6 months with each partner home to chart the progress of each standard. Our team works with caregivers to outline next steps which and compiled into an Improvement Roadmap.

Current Thrive Scale



Strategic Initiatives

EDUCATION SPONSORSHIPS

PROJECT SUMMARY	Three children in Mama Jamila's home do not have access to school, which costs \$36 per month for each child and \$108 per month for three children.
INITIAL ANTICIPATED COST	\$108 USD per month 399,600 UGX per month

IMPROVE NUTRITION

PROJECT SUMMARY	In order to improve nutrition at the home, they wish to purchase proteins, fruits, and vegetables to prepare healthy, balanced meals for the children. They would also like to hire a nutritionist to train the caregiver and children in basic nutrition.
INITIAL ANTICIPATED COST	Food Budget: \$ 400 USD /1,500,000 UGX per month Nutritionist Session: \$ 200 USD / 750,000 UGX per session

COMPLETE RENOVATIONS

PROJECT SUMMARY	The kitchen area needs to be renovated with a metallic door to increase safety for the children. The construction of an extra toilet is also needed.
INITIAL ANTICIPATED COST	\$1,500 USD 5,625,000 UGX



Right to Live with Family

SURVIVING

SUSTAINING

THRIVING

Mama Jamila is still a full-time mother who takes care of the children throughout the day. This indicates that even at night, the children are safe with her. The 92hands team is still working diligently to ensure that all kinds of documents and background histories for each of the children are being processed. Mama Jamila continues to have therapy sessions with university students at Makerere University. Sibling groups are highly encouraged in this home and emphasized greatly, which creates a strong bond between the children.

- Obtain financial support for family background support.
- Create more time for Mama Jamila's therapy sessions at the University.
- Encourage sibling groups to create a strong bond between the children.



Right to a Stable Environment

SURVIVING

SUSTAINING

THRIVING

As a collaborative effort, the 92hands team and Mama Jamila have established rules and regulations governing the home, which are adhered to and respected by all its inhabitants. Mama Jamila has implemented consequences for children who violate these rules as a means of disciplining them, thereby maintaining order within the household. Each child is addressed by their given name; nicknames or humorous monikers are not permitted. This practice fosters confidence in the children and strengthens their bonds. Mama Jamila dedicates a significant amount of time to the children, sharing meals and spending the majority of the day with them, including nights. This demonstrates her commitment as a full-time caregiver. Despite financial instability, celebrations such as birthdays and other special occasions are not observed, although efforts are underway by the 92hands team to address this issue.

- Plan for rest days for the caregivers
- Create time to celebrate special days like birthdays and plan more outings for recreation.
- Emphasize the house rules in the home.



Right to Healthcare

SURVIVING

SUSTAINING

THRIVING

In this home children are taken to hospital when they are sick and in case of emergency, they are rushed to the hospital through the fastest means, which is a motorcycle. They are rushed to a nearby clinic or medical center when needed. This home has a first aid box, but not with all the requirements because the 92hands team is still working on it. Children brush their teeth with the help of the caregiver and they are taught how to use a toothbrush. Children can now brush once a day. The adolescent that is now twelve years old, is well guided by the caregiver on how to use pads and keep hygiene during her menstruation cycles. Children have not started going for annual checkups, but are taken to hospital when sick.

- Establish emergency funds for emergency conditions/sickness.
- Obtain financial support for the children to get annual checkups.
- Obtain sufficient funds to buy feminine products like pads



Right to Nutrition

SURVIVING

SUSTAINING

THRIVING

Food in this home is prepared in the kitchen, which is well-organized and located beside the house. However, the kitchen does not have a door which raises concerns about food safety in this home. The 92hands team is still working on this home's budget to ensure that the children have a balanced diet. This would ensure that they have different meals; for example, posho, rice, and beans are their main meals most days of the week and they rarely eat fruits and vegetables. Mama Jamila has not yet started her training on food preparation and kitchen organization, but the 92hands team is working on it to ensure that she acquires the necessary training.

- Plan trainings with Mama Jamila in food and safety with a trained professional nutritionist.
- Increase food budget to be able to purchase food for healthy meals.
- Renovate the kitchen for food safety.



Right to Safe & Adequate Water & Facilities

SURVIVING

SUSTAINING

THRIVING

Mama Jamila boils water before giving it to the children in this home. This makes it so the children in this home have access to clean and safe water, free from diseases. Mama Jamila's home does not have showers; instead, the children in this home use basins or buckets to shower, under the supervision of the caregiver. Due to water shortages in the community, the caregiver puts a lot of water in the jerry cans to prevent water loss in the home. Mama Jamila also uses candles in case of power outages. Mama Jamila's home meets most of the requirements set by the local government, and it has been inspected.

- Provide smoke alarms in the home.
- Process property maintenance with the landlord.
- Provide a water purifier to keep safe drinking water for the children and all family members.



Right to Quality Education

SURVIVING

SUSTAINING

THRIVING

The 92hands team is still working to improve this home, which was in a very bad state, especially in this section. It will improve slowly, but surely with time. Since this is a new home, there is much that needs to be done. Currently, only one child goes to school, while the rest of the children stay at home. With the help of the caregiver, the other children are being taught at home using alphabet and number charts. Nevertheless, the 92hands team is working tirelessly to ensure that all the other children are able to attend school as well. Unfortunately, there is no library, computer, or internet in this home. Additionally, there are no children with disabilities residing in this home.

- Obtain child sponsorship for the other three children.
- Hire a tutor for the children to receive lessons while at home.
- Purchase textbooks and other reading materials for better studies.

Right to Equal Opportunities

SURVIVING

SUSTAINING

THRIVING

The 92hands team rented out a bigger house for Mama Jamila than the one she was living in before. This helped the children in this home have enough space for their personal belongings and other items. Only one child goes to school, so not all the children receive the same opportunities as others. Some do not have access to reading materials or textbooks while at home. Mama Jamila uses local learning methods to teach the other children, such as singing A-Z songs and number songs to keep their studies on track. The 92hands team is still working on the process to make a transition plan for the children to be independent. This 92hands team is also always on the ground to mentor the children in this home.

- Hire a tutor to provide one on one tutoring to the children.
- Provide educational support to those that do not go to school.
- Provide access to textbooks and books for the children.



Right to Guidance

SURVIVING

SUSTAINING

THRIVING

The 92Hands team strives to recruit qualified caregivers who will care, support, and love the children according to their expectations. Mama Jamila has received a lot of training and is now well-equipped to support and love the children as if they were her own. Additionally, Mama Jamila trains the children in this home to understand the values of life, such as respecting elders, being God-fearing, loving one another, showing kindness, apologizing, and greeting elders and each other. The 92Hands team continues to work to ensure that the children in this home have access to therapy sessions at least once every two months, if not more frequently.

- Schedule more therapy sessions for the children to share with their therapists and create connection.



Right to Be Heard and Participate in Decisions

SURVIVING

SUSTAINING

THRIVING

In this home, children express their needs, but sometimes they are not acknowledged because of the home's financial struggles. Nonetheless, the 92hands organization is making concerted efforts to ensure that their needs are met. Children in this home participate in menu planning to incorporate their food preferences, which builds confidence in them. However, this only occurs once a week. They also decide on their free-time activities under the supervision of the caregiver. This home has developed leadership positions that children participate in, such as devotions, which helps create order in the home.

- Engage the children in more decision making activities
- Encourage more participation in different activities for the children.
- Develop more individual plans for all children.



Right to Be Prepared for Citizenship

SURVIVING

SUSTAINING

THRIVING

The 92Hands team is still working very hard to ensure that Mama Jamila's home has access to birth certificates or any other documentation. Every child in this home is taught to be responsible through tasks such as washing clothes and dishes. Mentorship and therapy sessions are also regularly conducted in this home. Children in Mama Jamila's home often participate in charity work in the community, such as joining the 'Go Back to School' campaign organized by the 92Hands organization.

- Provide birth certificates and documents for all the children in the home.
- Emphasize more mentorship and therapy sessions for both the caregiver and the children.



Right to Safe from Abuse & Neglect

SURVIVING

SUSTAINING

THRIVING

In Mama Jamila's home, all children use the same toilets and bathrooms, regardless of gender. Additionally, children share the same dressing area and bedroom, irrespective of gender. This suggests that there is a need for an additional room specifically for girls in this home. Training sessions are ongoing among the caregivers, trainers, and the 92 Hands team regarding child protection and development in this home.

- Construct a clean and safe toilet and bathroom areas for boys and girls to use separately.
- Construct an extra bedroom for the girls.
- Hold more trainings to emphasize child protection and development.



Right to Dignity and Freedom

SURVIVING

SUSTAINING

THRIVING

Mama Jamila helps the youngest child to bathe every single day, and this child is now eight years old. He is also slowly learning to be clean by himself. Mama Jamila also supervises all the children in this home while they brush their teeth in the morning and evening. Children in this home share towels, but they are cleaned thoroughly on a daily basis to avoid skin infections. Hence, there is a need to purchase more towels and bedding because they share all of those. The compound is big enough for all the children to play with their toys together with the caregiver. Mama Jamila encourages all the children in this home to speak their local languages. Currently, children in this home lack enough clothes and undergarments.

- Purchase more clothes for the children in this home.
- Purchase more towels, undergarments, and bedding for the home.
- Provide more supervision on the children's hygiene.



Right to Spiritual Development

SURVIVING

SUSTAINING

THRIVING

Mama Jamila's home is located near a church. This makes it easy for all the children in the home to go to church, thus building their spiritual lives and helping them learn more about God. It also facilitates making and meeting new friends. While religious holidays are highly regarded, they are not yet celebrated in this home due to its financial crisis. However, the 92hands team is working on addressing this issue. Additionally, the home lacks religious materials such as books and bibles to strengthen the children's faith in God.

- Emphasize the celebration of religious holidays for the children to understand their meaning.
- Obtain more spiritual books like bibles.
- Encourage more praying days in the home.



Financial Standard

SURVIVING

SUSTAINING

THRIVING

The 92 Hands organization has a qualified accountant on board who tracks all kinds of incomes and expenditures in this home. She is also involved in the purchase of children's items in the home, hence tracking down the misuse of funds. This is done monthly. Additionally, 92 Hands hires an auditor to further account for money in the home and in the organization.

- Plan the annual budget with funds provided.
- Bring a permanent auditor on board.



Governance and Human Resource Standard

SURVIVING

SUSTAINING

THRIVING

Mama Jamila is a well-trained full-time mother who values child development, just as we do. Meetings are occasionally held to improve the home, and the 92 Hands team visits the home weekly to supervise how the children and caregivers are doing and progressing. This makes work easy for both the 92 Hands team and the caregivers in this home.

- Schedule more meetings between the caregiver and the 92hands team for easy problem solving.
- Provide more training to the caregiver on the values of child development.



Current Improvement Partners



92hands

92hands is a Ugandan nonprofit that focuses on supporting single mothers in the slums of Kampala to care for street kids. They prioritize education, skill building, and healing for both the mothers and the kids. Learn more at www.92hands.org.

For a list of projects and opportunities to coordinate on go to www.achf.org/projects




92hands.org
LIVING TO SERVE

**A CHILD'S
HOPE**
FOUNDATION